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We are the Experiences Team and we are here to create inspiring, educational and fun activities. All our experiences can be tailored to suit your requirements and individual preferences.

Six Senses Zil Pasyon enjoys a private and secluded setting with a host of activities on hand to entertain all ages and satisfy the most discerning of tastes. From watersports and beach activities to discovering nature, Six Senses Zil Pasyon has something exceptional for everyone.

#### Safety First

As with all activities, excursions and events, we will ask you to sign a waiver form and there are some rules to keep everything running smoothly. Safety is always the number one priority for our guests and our hosts and the Six Senses Zil Pasyon team is committed to making your visit a safe and enjoyable one. For a number of excursions and activities, precautions such as life vests, age limits and restrictions on the maximum number of guests able to join, have been put into place. We count on your support and understanding. Safety is everyone's responsibility. Please ensure you familiarize yourself with all safety rules and regulations and please speak to any member of the team if you have concerns or need further information.

It is always a tasty option to add additional beverages and food to your excursions. Please speak with your GEM or the Experiences Team to arrange this.

You are also more than welcome to pass by our Experience Center, located opposite of our jetty.

## Booking

Your GEM can make any booking for you. If you would like more information and details on our activities and excursions, please meet the Experience Team at the Experience Center.

## Cancellation Policy

If you wish to cancel your tour you must inform the Experience Team the day before you are due to depart or in the morning for bookings on the same day after 12:00 noon otherwise a cancellation charge will be applied. If no cancellation notice is given, the full cost of the tour will be applied to your account. In case of a cancellation of any experience due to inclement weather you may rebook at a future date during your stay or the total will be reimbursed to you upon checkout. All prices in this compendium are in Seychelles Rupees and are inclusive of 15 percent government tax and 10 percent service charge.

## Environment

At Six Senses Zil Pasyon we follow sustainable practices both inside and outside the resort and we constantly strive towards raising awareness among our guests and hosts. All our activities and excursions are delivered with respect to our surrounding environment.

## The Culture Club

## UNESCO WORLD HERITAGE SITE VALLEE DE MAI, PRASLIN

Vallée de Mai is one of only two places in the world where the rare Coco de Mer palm grows in its natural state. It's also a birding hotspot – watch for the endemic Seychelles bulbul, the lovely blue pigeon, the Seychelles warbler and the endangered black parrot, of which there are between 500 and 900 left in the wild. It's a real slice of Eden.

#### **Essentials:**

Sunblock, cap, comfortable footwear for walking, snorkeling gear, swimwear.

#### **Duration:**

As long as you wish, from 8:30 am to 4:30 pm We recommend an early start to enjoy Vallee de Mai in the cooler mornings

Price: 11,000 SCR (up to 4 persons)

#### Includes:

Entry tickets Transportation (Boat and Car)

#### **Environment:**

Ensure the longevity of this palm forest which remains largely unchanged since prehistoric times by disposing your rubbish in dedicated areas.

#### Why not ...

Combine this trip with our excursion to Anse Lazio?

## LEAVE ONLY FOOTPRINTS, THE MARINE NATIONAL PARK OF COCO ISLAND

Here is a fantastic way to get a glimpse of Coco Island. Get a single or double kayak from the Experience Center and start your tour around the island. Please follow our '*leave only footprints and take only memories*' philosophy. Even if you have snorkeled around the house reef, you will come across more exciting and colorful marine life under the crystal clear turquoise waters; eagle rays, small reef sharks, needlefish and keep an eye out for turtles and dolphins!

#### **Essentials:**

Swimwear, sunblock, cap, reef shoes, snorkeling gear.

#### **Duration:**

As long as you wish

#### **Price:**

Complimentary

#### Includes:

Single or Double Kayak Drinking water

#### **Environment:**

Please do not stand on corals or try to touch the marine life, it is very delicate.

#### Why not ...

Book a private guide for a kayak tour around Felicite?

#### **CREOLE SPEAKING CLASS**

Bonzour! Learn the basics of the Creole language with one of our Seychellois hosts and feel free to chat with the other Creole-speaking hosts to practice your new skills.

#### **Essentials**:

Your Thinking cap and an open mind to gain knowledge.

#### **Duration:**

One hour, please contact the Experience team to book your class or check our weekly activity sheet schedule in your villa.

#### **Includes:**

Simple module, Tutor and Quiz

#### **Price:**

Complimentary

#### **Environment:**

Ask our hosts what they do to preserve the environment in Creole. Save paper by asking our Experience Team to send you the Creole Class booklet via email.

#### Why not ...

Schedule a Creole Cooking Class during your time at the resort to discover some culinary tricks and useful tips?

## Into Trekking & Adventure

## FELICITE'S VALLEE DE MAI AND TOP HILL HIKING TOUR

We offer you a Robinson Crusoe experience by hiking through the deep jungle of Félicité. The top of the island and Félicité's five Coco de Mer are only an hour and a half away. Our chefs will be delighted to prepare your breakfast to take away or a quick snack for the way back. It's an experience suitable for families that want to spend some quality time together but it is also a very romantic experience for couples, seeking adventure.

#### **Essentials:**

Sunblock, cap, mosquito repellant, hiking shoes.

#### **Duration:**

3 hours, from sunrise, we highly recommend and early start at 07:30am

#### Price:

SCR 1000 per person

#### Includes:

Guide Drinking water, pastries Private tours with our permaculturist can be arranged upon request

#### **Environment:**

The Flora & Fauna of Félicité is a unique and fragile eco system, please do not leave anything behind.

#### Why not ...

Take a picture and post it on social medias with our hashtag **#outoftheordinary** 

#### **"TOUR DE LA DIGUE"**

The most popular way to get around La Digue Island (which is located only 10 minutes by boat from Félicité) is with bicycle.

Start your tour by heading 1.67 miles (4 kilometers) north-east along the coast with an incredible view over Félicité Island.

Or head 2.48 miles (2.7 kilometers) to swim at Anse Source d'Argent after visiting L'Union Estate park and its giant tortoises.

Last stop not to be missed on La Digue is Grand Anse and Petite Anse Beaches. One after the other, you have reached picturesque beaches with huge waves and surrounded by large granite rocks.

#### **Essentials:**

Closed shoes, snorkeling gear, sunblock, sunglasses, swimwear and camera. And remember: driving and cycling in Seychelles is on the left.

#### **Duration:**

As long as you wish.

Price: 8000 SCR for 2 persons

Buggies can be arranged for 2000 SCR

#### Includes:

Transportation (Boat) Bicycles Drinking water

#### **Environment:**

Minimize your carbon footprint by using bicycles.

#### Why not ...

Stop at 'Chez Jules' Restaurant and try a fresh juice with local rum. A perfect pairing with his famous octopus' dishes.

#### TEE OFF ON PRASLIN

The Island of Praslin offers you the opportunity to practice your swing at the 18-hole championship golf course at Constance Lemuria. Classified as one of the most exclusive courses in the world, the Lemuria Golf course has spectacular views of the Indian Ocean and offers a unique experience to all level of players.

#### **Essentials:**

A good sports spirit, Cap

**Duration:** Depending on your handicap

#### **Price:**

14,000 SCR for 2 persons

#### Includes:

Transportation (Boat and Car) Green Fees, Hire Clubs, Club Car, Towels, Score Card, Tees Drinking Water, access to the changing room and lockers

#### **Discounts:**

10% Discount on Golf accessories at the golf shop.

20% Discount on our Golf restaurant and bar

#### **Environment:**

Always keep yourself hydrated with plenty of water and don't forget to wear sunblock and sunglasses.

#### Why not ...

Send your partner for pampering to the Spa while you are away?

## In the Air

#### HELICOPTER SCENIC TOUR

Explore beyond our incredible island of Felicite and uncover some of the special secrets that Sevchelles has to offer by air. There are dozens of highlights on this journey of discovery. You will be able to circle Praslin Island, home to the Vallee de Mai thought to be the original Garden of Eden with its mystical Coco de mer. Whilst circling the island you will see some of the most spectacular beaches on earth. Anse Lazio and Anse Georgette regularly voted amongst the top 10 beaches in the world. You will also be able to discover the unspoilt island of La Digue which still retains the Creole charm of a natural paradise. La Digue, protected by an encircling coral reef, has masses of magnificent colossal pink granite outcrops and here you will view the famous Anse Source d'Argent -the most photographed beach on earth and

voted as the best beach in the world by National Geographic.

**Essentials:** A good head for heights

**Duration:** 15 to 75 minutes

**Price:** Upon Request and availability

Includes: Drinking Water

#### **Environment:**

Out of respect to the environment and people below, please do not discard any objects when you're up in the air.

#### Why not ...

End the day with a romantic dinner on one of our granite boulders?

## Excitement Seekers

#### CINEMA UNDER THE STARS

A true Six Senses experience is one that is unexpected. Relax on a sun lounger under the stars and listen to the palms rustling in the breeze ... with a blockbuster movie illuminating the large cinema screen. Enjoy our state-of-the-art surround-sound system, along with homemade popcorn. Scheduled screenings take place twice a week, but should you wish to have a more private experience, screenings can also be arranged for couples, families or groups.

#### **Essentials:**

Insect repellent

#### **Duration:**

Depends on the movie.

#### **Price:**

Complimentary twice a week (Please refer to the Weekly Activity Sheet in your villa)

Private Screening SCR 1,500

#### Includes:

Popcorn

#### **Environment:**

Please help us to keep the environment around Six Senses Zil Pasyon clean by placing any rubbish appropriately.

#### Why not ...

Boost your movie package with an ice-cold bucket of beer?

#### **BOULODROME - PETANQUE**

Pétanque (French pronunciation: [petāk]) is a form of boules where the goal is to toss or roll steel balls as close as possible to a small wooden ball called a cochonnet (literally "piglet") while standing inside a circle with both feet on the ground. What makes it so appealing is that you can be way ahead for a while, yet lose a second later, or vice versa. Similar to British lawn bowling or Italian bocce, the French version is traditionally played with metallic balls on a dirt surface beneath trees, with a glass of Pastis at hand.

### **Essentials:**

Sun block, sports clothing, cap, sunglasses, an active group of friends, Pastis and saucisson

### **Duration:**

One hour

**Price:** Complimentary

#### Includes:

Pétanque equipment (boules, cochonnet)

#### **Environment:**

Keep hydrated by drinking plenty of water, of course, from our Six Senses drinking water.

#### Why not ...

Come to Koko Bar after and offer a drink to the winning team?

#### CROQUET

The Red Queen in "Alice's Adventures in Wonderland" had her own chaotic rules for croquet. However, croquet is a game of strategy. Each player is trying to manoeuvre both their own and opponent's balls to make points for their side, whilst restricting their opponent's chances of doing the same by careful positioning the balls at the end of the turn. Try it yourself.

#### **Essentials:**

Sun block, sports clothing, cap, sunglasses and an active group of friends

#### **Duration:**

The better you play, the quicker you win.

#### **Price:**

Complimentary

#### Includes:

Croquet Equipment, drinking water.

#### **Environment:**

Keep the grass area tidy for the next Croquet fanatic and place your rubbish in the segregated bins.

#### Why not ...

Head to our Lakanbiz after for a rum tasting and the sunset

#### ARCHERY

A good archer is known not by his arrows but by his aim. Do you have your eye on the bullseye? Available for children 12+ with adult supervision.

#### **Essentials:**

Sun block, sports clothing,

**Duration and Price:** Beginners – 30 minutes

250 SCR per person

Intermediate – 1 hour

500 SCR per person

#### Includes:

Archery Equipment

Drinking water.

Archery Tutor

#### **Environment:**

Keep the grass area tidy for the next Archers and place your rubbish in the segregated bins.

#### Why not ...

Head to our Lakanbiz after for a rum tasting and the sunset

## Splish Splash

#### SNORKELING

Ready for a unique snorkeling adventure? The coral reefs of Félicité Island are rich in color and underwater marine life. Take your snorkeling equipment from our Experience Center and explore our reef by yourself. See how many colorful fish you can spot.

#### **Essentials:**

Swimwear and Sun cream, Rash guard if you have one.

#### **Duration:**

Any day, any time.

#### **Price:**

Complimentary on your own

Private Guide and lessons can be arranged at 500 SCR per person per hour

**Includes:** Snorkeling Gear, Drinking Water

#### **Environment:**

Leave only bubbles and take only memories and please refrain from stepping on the coral.

#### Why not ...

Look for the ice-cream bicycle for a well-deserved treat?

#### KAYAKING

Hop in a single or double kayak and start your mini adventure around Félicité Island and our world of secluded beaches and bays, stop whenever the mood takes you and get a closer look at the interesting flora and fauna. Please note that currents can be strong around the Island and it is important that you stay in visual contact of your fellow kayaker or an Experience Host.

#### **Essentials:**

Sunblock, cap or hat

#### **Duration:**

As long as you can paddle

#### **Price:**

Complimentary on your own

Private Guide and lessons can be arranged at 500 SCR per person per hour

## Includes: Kayak, Life jacket, Drinking Water

#### **Environment:**

Be very careful when paddling around coral. Make sure not to strike or even touch the coral with your paddle as it may harm these sensitive marine invertebrates.

#### Why not ...

Try our 5:30pm Sunset Kayaking with other guests, for details please refer to the weekly activity sheet

#### STAND UP PADDLE BOARD

Stand up paddle boarding offers a fun way of finding your balance and plunging into the water with a minimum of gear. It is a great way to exercise while enjoying the breathtaking views of the Marine National Park of Coco Island.

**Essentials:** 

Life jacket, quick-drying shorts and t-shirt, sun block, determination and of course balance ...

#### **Duration:**

As long as you can.

#### **Price:**

Complimentary on your own

Private Guide and lessons can be arranged at 500 SCR per person per hour

#### Includes:

Equipment

#### Seasonality:

Available all year round, subject to sea conditions

#### Why not ...

Look out for our Stand-up paddle board lessons with our Experience team on the weekly activity sheet.

#### **BOAT CHARTER**

Experience Seychelles and its unspoiled beaches in a different way by Fishing or Island hopping and snorkelling, just decide how long you would like to go.

#### Whiplash



#### **Duration and Price:**

Half day Island Hopping (5 hours) 22,500 SCR Half Day Fishing (5 hours) 32,000 SCR

#### **Island Hopping Includes:**

Boat Hire Trip to Anse Lazio & Snorkeling Trip to Sister Islands

#### Game Fishing Includes:

Boat Hire & Fishing lines, bait, water and whatever you catch on the day.

#### **Environment:**

Take only memories, leave only bubbles.

#### Why not ...

Upgrade your boat charter with a Drinks cool box, you'll just be charged for what you consume.

#### Or

Add a lunch box in case you get hungry and ask our chef to prepare your catch in your preferred way?

#### **BOAT CHARTER**

#### Mexi Boat

**Game Fishing Includes:** Boat Hire & Fishing lines, bait, water and whatever you catch on the day.

#### **Environment:**

Take only memories, leave only bubbles.

#### Why not ...

Upgrade your boat charter with a Drinks cool box, you'll just be charged for what you consume.

#### Or

#### **Duration and Price:**

Half day Island Hopping (5 hours) 22,500 SCR Half Day Fishing (5 hours) 32,000 SCR Add a lunch box in case you get hungry and ask our chef to prepare your catch in your preferred way?

### **Island Hopping Includes:**

Boat Hire Trip to Anse Lazio & Snorkeling Trip to Sister Islands

#### **BOAT CHARTER**

Cruise around for the day in 'Basic Instinct' upon the Luxury Manhattan 74 fly bridge motor -yacht, with a cruising speeds of 26 knots.

## Sunseeker Basic Instinct



**Essentials:** Sunglasses, sun block, swimwear, snorkeling gear

## **Duration:**

Full Day

## **Price:**

115,000 SCR per day

**Includes:** Boat Hire and refreshments

#### **Environment:**

Take only memories, leave only bubbles.

Why not ...

Pack a picnic to go on your cruise ask your GEM for more details.

## Fun for the Tummy

#### **BOULES & SAUCISSON**

Let us seduce you in the French way of enjoying life...great food, traditional drinks and 'sport'.... A simple evening with family & friends with a game of Petanque under our moonlit Boulodrome while sipping a glass of wine, Ricard or a cold glass of beer with freshly sliced saucisson and artisan cheeses!

#### **Essentials:**

Bring your sense of humor, team spirit and be ready to compete

#### **Duration:**

It depends on how much FUN or drinks you have...

#### **Price:**

Order with your Food and Beverage Host, charged on consumption basis.

#### Includes:

Set of Petanque game, beverages, wooden board of saucisson and artisan cheeses

#### **Environment:**

What to do with a Coco: Coco husk for BBQ, Coco juice for hydration and Coco meat for your pleasure... no waste!!

#### Why not ...

Rest in one of our Hammocks after the game?

## Global Sensibility

#### HEART OF HOUSE TOUR

The heart of Six Senses Zil Pasyon is tucked away in the center of the island. If you would like to see how everything functions on the island, we will take you around our desalination plant, our water-bottling station and our host accommodation. We will briefly explain the desalination process which provides fresh water for showering and drinking and will demonstrate how we bottle our still and sparkling water every day. As part of our sustainable practices, we recycle and reuse all vegetal remains collected from around the island or use them for compost. And if you want to see what tailor-made really means, ask your GEM to take you to our tailors for a truly colorful moment!

#### **Duration:**

45 to 60 minutes

**Price:** Complimentary

#### Why not ...

Head to the Ocean Kitchen for a refreshing no meat lunch after your tour?

#### **BEACH CLEANING**

Join our weekly host 'clean the beach' activity in keeping our beach clean and preserve the gift of nature.

#### **Essentials:**

Cap, comfortable footwear, sunglasses and sun block

#### **Duration:**

Please see the weekly activity schedule

**Includes:** Equipment, drinking water

**Price:** Complimentary

**Seasonality:** Available all year round, subject to tidal conditions

### Why not ...

Share your pictures on Facebook so people can follow your commitment to the environment?

#### **TURTLE HATCHING**

We are very happy to have turtles nesting on our beach every year. Nesting season is from October to February and our GEMs will notify you when the turtles start to hatch, so that you can join our Turtle Team of hosts on the beach. They are there to make sure that the little hatchlings have a safe first journey to the ocean.

#### **Essentials:**

Your memory caption, Camera, flash not allowed

#### **Duration:**

As fast as the little ones can run to the ocean.

### **Price:**

Complimentary

#### **Environment:**

A turtle nest can have up to 200 eggs in a nest.

#### Why not...

Treat yourself to some ice cream on your way back to your villa?

## ORGANIC GARDEN & HERB NURSERY TOUR

Did you know that we grow herbs and vegetables in our organic garden? If you would like to learn more about how herbs and salad leaves grow, we will take you on a tour around the organic garden. We will guide you through all the different herb and salad varieties.

#### **Environment:**

We make our own compost on our island.

#### Why not ...

Bring your harvested herbs to our Chefs Kitchen, so that our chefs can prepare your meals with them?

#### **Essentials:**

Cap, comfortable footwear, sunglasses and clothes, sun block and camera

#### **Price:**

Complementary

#### **Duration:**

Please see the weekly activity schedule

#### Includes:

The intoxicating smell of fresh vegetables.

#### PLANTING TREES

Our fauna & flora specialist will be happy to take you on a nature hike and explore the vast area of Felicite Island. To support the environment, you will be able to plant your own tree.

#### **Essentials:**

As many questions on fauna & flora as possible as well as hat, sunglasses, sun lotion, insect repellent, good walking shoes.

#### **Duration:**

Please see the weekly activity schedule

#### **Price:**

Complimentary

#### Includes:

Drinking water

#### **Environment:**

Use a towel instead of tissues to minimize your paper consumption

#### Why not...

Do some good for yourself after helping the nature and spoil yourself with a Spa treatment?

#### WATER BOTTLING PLANT

Visit Six Senses Zil Pasyon's reverse osmosis plant and crystal water refinery, which produces mineralized, water without any carbon footprint.

#### **Essentials:**

Comfortable footwear, cap, sun block and camera

#### **Duration:**

30 to 60 minutes

#### **Price:**

Complimentary

## **Includes:** Drinking water and plenty of it ...

#### Seasonality:

Available all year round

#### **Environment:**

Six Senses initiated this to help people who do not have access to clean water. There are about 1 billion people worldwide right now who do not have access to fresh water, and we would like to help them. With the launching of "Six Senses Wellness Water Initiative" with every sale of our Wellness Water, the profit will go directly to the "Clean Water Projects" to enable people without access to clean water get support.

Please note our Wellness Water is offered complimentary within your villa. At all dining venues, the drinking water is priced at **70 SCR ++** for each 1ltr bottle.

#### Why not ...

Book a dinner in our Wine Vault and continue the drinking theme and try other liquid amenities with some amazing food.

## Grow With Six Senses at Trouloulou

Introducing a fun sanctuary for the youngsters, the Grow with Six Senses program values our important junior guests and aims to delight them by creating memories that last long after their visit.

We invite our junior guests to get closer to nature in fun and exciting ways by introducing sustainability at early age and to appeal to their innate love of discovery and sense of curiosity.

Junior guests participate in an array of environmentally-focused experiences that value interaction with the world in which they live. The programs are as diverse as the world around them and are crafted to excite their bright young minds. Our Grow with Six Senses program is committed to the holistic wellness of our young guests. This is encouraged by a variety of experiences that are out of the ordinary.

Trouloulou's Club is dedicated to children between the ages of 4 and 11 and located behind Pti Kaz.

## **Daily Opening Times:**

Morning: 10am – 12pm Afternoon: 13.30pm – 16.30pm

#### Age Groups:

4 to 12 years old Under 4 years, accompanied by an adult

#### **Babysitting Service Available:**

Booked 24 hours in advance Additional charge of SCR 400 per hour

### Welcome to Trouloulou's club!

#### THE MENU:

#### **Into Creativity**

- Little Mixologists
- Mini Manicures & Twinkle Toes
- Food Alchemy
- Mock-tail Making Class
- Blindfolded Ice Cream Tasting

#### Into Culture

- Creole Class for kids
- Creole Dance Class

#### Into Art

- Sand Castle Building
- Arts & Crafts
- Coconut Painting
- Letters-In-The-Sand
- Pop-up Cinema
- Book Nook & Story-time

#### **Into Activity**

- Mini Treasure Hunt
- Kids Pétanque
- Beach Scavenger Hunt
- Lawn Games

- Meditation & Animal Yoga
- Guided Snorkeling
- Coconut Bowling on the Beach

#### **Into Environment**

- Little Explorers Trail
- Little Saplings (this is tree planting)
- Organic Garden Experience
- Stargazing Experience
- Sustainability Tour
- Grow a Greenhouse

#### Why not ...

Adopt a turtle dinosaur by purchasing it in your villa?