

CHILDREN'S MENU

STARTERS

ROASTED TOMATO SOUP 8.00
WITH OLIVE OIL
VEGETARIAN

ORGANIC GARDEN SALAD 8.00
WITH BALSAMIC VINEGAR AND OLIVE OIL
VEGETARIAN

MAIN COURSES

FISH FINGERS 12.00
WITH TARTAR SAUCE AND POTATO WEDGES

SPAGHETTI PASTA 10.00
SERVED WITH BOLOGNESE SAUCE

CHICKEN NUGGETS 10.00
WITH BBQ SAUCE AND FRENCH FRIES

STEAMED WHITE FISH 10.00
WITH STEAMED VEGETABLES

PENNE PASTA 10.00
WITH TOMATO SAUCE
VEGETARIAN

BEEF BURGER 12.00
WITH CHEESE AND FRENCH FRIES



DESSERTS

CHOCOLATE BROWNIE WITH VANILLA ICE-CREAM	08.00
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BANANA SPLIT WITH LOCAL BANANA AND LOTS OF SAUCE AND ICE-CREAM	08.00
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CHEF RECOMMENDATIONS FOR LAAMU KIDS

HEALTHY START

SOUP OF THE DAY 10.00
SOUP MADE WITH FRESH INGREDIENTS FROM
THE GARDEN

ORGANIC

“LEAF” GARDEN SALAD 10.00
BALSAMIC DRESSING, OLIVE OIL BRAISED GARDEN
CHERRY TOMATOES

VEGETARIAN | ORGANIC

KID’S MAIN EVENT

FISHERMEN’S DREAM 20.00
THE DAY’S CATCH ACCOMPANIED WITH THE CHEF’S
RECOMMENDATIONS

ORGANIC

LEMON AND HERB CHICKEN 20.00
MARINATED CORN-FED CHICKEN SERVED WITH
STEAMED VEGETABLES

HOMEMADE PASTA YUMMY, YUMMY 15.00
HOMEMADE PASTA WITH GARDEN BASIL PESTO

VEGETARIAN | ORGANIC

STEAK DIANE 20.00
AUSTRALIAN GRASS-FED BEEF WITH GARDEN
VEGETABLES

PRICES ARE IN US DOLLARS, SUBJECT TO 10 PERCENT SERVICE CHARGE AND
12 PERCENT GST.



BEST FOR LAST

TROPICAL FRUIT AND SORBET	15.00
TROPICAL FRUITS SERVED WITH HOMEMADE SORBET	
VEGETARIAN ORGANIC	

HOMEMADE ICE-CREAM	8.00
STRAWBERRY, CHOCOLATE, VANILLA	

PRICES ARE IN US DOLLARS, SUBJECT TO 10 PERCENT SERVICE CHARGE AND
12 PERCENT GST.





SIX SENSES

LAAMU

YOUNG CHEFS MENU (MONDAY)

STARTERS

PER SELECTION 8.00

ROASTED TOMATO SOUP

WITH OLIVE OIL
ORGANIC | VEGETARIAN

ORGANIC GARDEN SALAD

WITH BALSAMIC VINEGAR AND OLIVE OIL
ORGANIC | VEGETARIAN

MAIN COURSES

PER SELECTION 12.00

FISH FINGER

WITH TARTAR SAUCE AND POTATO WEDGES

SPAGHETTI PASTA

SERVED WITH BOLOGNESE SAUCE

CHICKEN NUGGETS

WITH BBQ SAUCE AND FRENCH FRIES

DESSERTS

PER SELECTION 10.00

CHOCOLATE BROWNIE

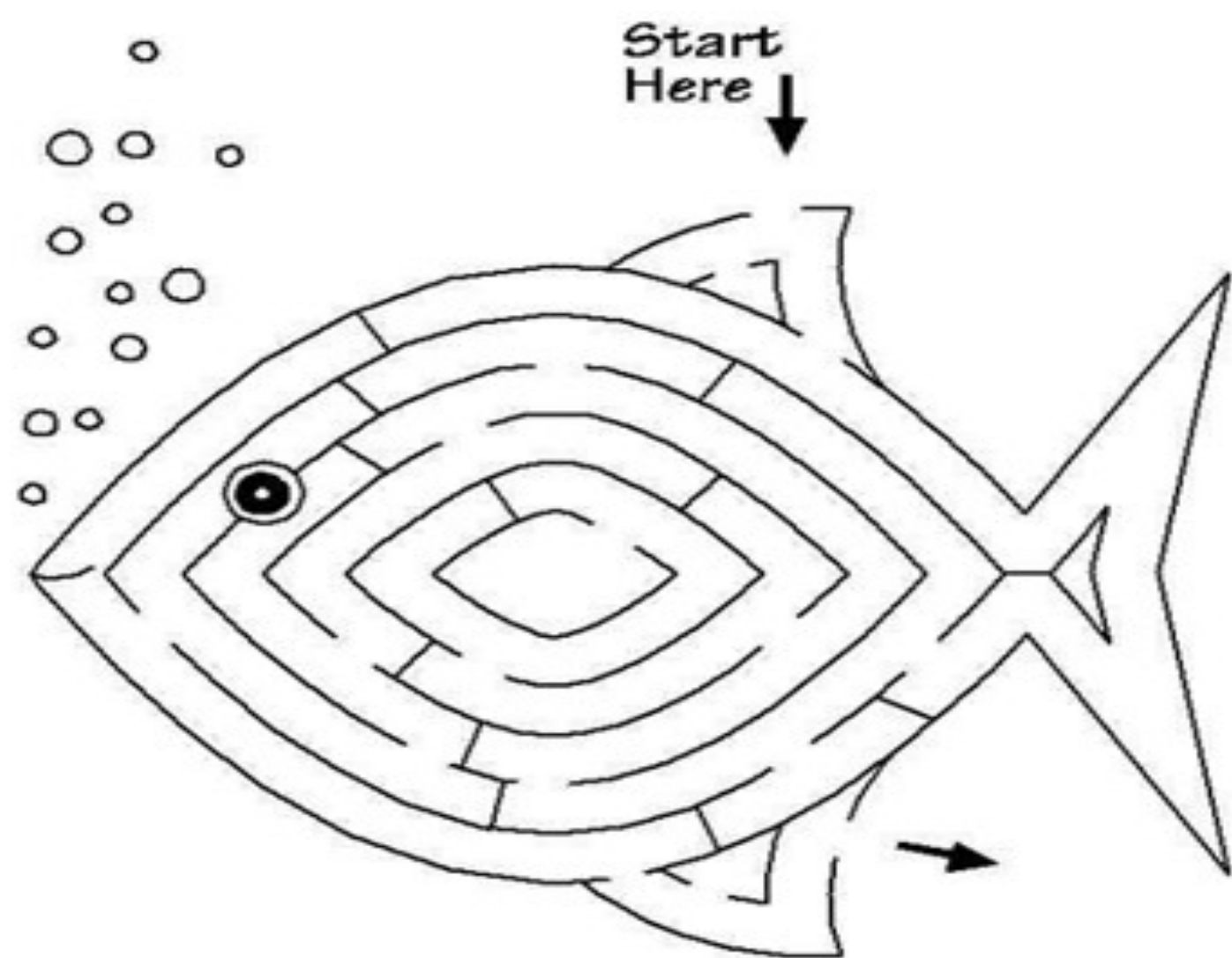
WITH VANILLA ICE-CREAM
ORGANIC

BANANA SPLIT

WITH LOCAL BANANA AND LOTS OF SAUCE AND ICE-CREAM

AGES TWELVE AND BELOW

ALL PRICE ARE IN US DOLLARS AND ARE SUBJECT TO A 10 PERCENT SERVICE CHARGE AND 12 PERCENT GST





YOUNG CHEFS MENU (TUESDAY)

STARTERS

PER SELECTION 8.00

CHICKEN AND VEGETABLE BROTH
WITH FRESH GARDEN HERBS
ORGANIC | VEGETARIAN

CRUNCHY JUNIOR CAESAR SALAD
CROUTONS, GARLIC AND ANCHOVY DRESSING
ORGANIC

MAIN COURSES

PER SELECTION 12.00

STEAMED WHITE FISH
WITH STEAMED VEGETABLES
ORGANIC

CHEF'S PASTA
WITH TOMATO SAUCE
VEGETARIAN

BEEF BURGER
WITH CHEESE AND FRENCH FRIES

DESSERTS

PER SELECTION 10.00

CHOCOLATE COOKIE
WITH VANILLA ICE-CREAM

STRAWBERRY ICE CREAM
WITH CRUMBLE AND FRESH STRAWBERRIES

AGES TWELVE AND BELOW





YOUNG CHEFS MENU (WEDNESDAY)

STARTERS

PER SELECTION 8.00

ROASTED PUMPKIN SOUP
FINISHED WITH COCONUT MILK
ORGANIC | VEGETARIAN

VEGETABLE SPRING ROLLS
SWEET CHILI SAUCE
ORGANIC | VEGETARIAN

MAIN COURSES

PER SELECTION 12.00

HOTDOGS
WITH KETCHUP AND FRIES

MEAT BALL PASTA
WITH TOMATO SAUCE

CHICKEN BURGER
WITH CHEESE AND FRENCH FRIES

DESSERTS

PER SELECTION 10.00

CHOCOLATE BREAD PUDDING
WITH CHOCOLATE SAUCE

BERRY CHEESECAKE
WITH MIXED BERRY SORBET

AGES TWELVE AND BELOW

CAN YOU NAME 5 HERBS FOUND IN OUR
ORGANIC GARDEN ???

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C _ I _ E _

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YOUNG CHEFS MENU (THURSDAY)

STARTERS

PER SELECTION 8.00

ROASTED TOMATO SOUP
WITH OLIVE OIL
ORGANIC | VEGETARIAN

NATIVE WATERMELON SALAD
WITH FRESH GARDEN MINT
ORGANIC | VEGETARIAN

MAIN COURSES

PER SELECTION 12.00

GRILLED CHICKEN
WITH MASHED POTATO AND BROCCOLI
ORGANIC

SPAGHETTI PASTA
SERVED WITH PESTO SAUCE
VEGETARIAN

FISH FINGERS
WITH TARTAR SAUCE AND POTATO WEDGES
ORGANIC

DESSERTS

PER SELECTION 10.00

CHOCOLATE DOUGHNUT
WITH VANILLA ICE CREAM

FRUIT SALAD
DICED FRUITS IN SYRUP WITH VANILLA ICE CREAM

AGES TWELVE AND BELOW

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Earth Day Word Search

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animal
conserve
earth
ecology
environment
growth



plant
recycle
reduce
reuse
soil
water



YOUNG CHEFS MENU (FRIDAY)

STARTERS

PER SELECTION 8.00

MALDIVIAN WONTONS
SWEET CHILI SAUCE
ORGANIC

SELECTION OF CRUDITES
SERVED WITH DIP & FLAX SEED CRACKERS
VEGETARIAN

MAIN COURSES

PER SELECTION 12.00

LONGITUDE GLUTEN FREE PIZZA
BAKED PIZZA WITH GLUTEN FREE DOUGH, ORGANIC TOMATO
AND OREGANO SAUCE AND FAT FREE CHEESE
GLUTEN FREE | ORGANIC | VEGETARIAN

GLUTEN FREE PASTA
ALFREDO SAUCE

GRILLED HAM AND CHEESE
TOASTED HAM AND CHEESE SANDWICH WITH FRIES

DESSERTS

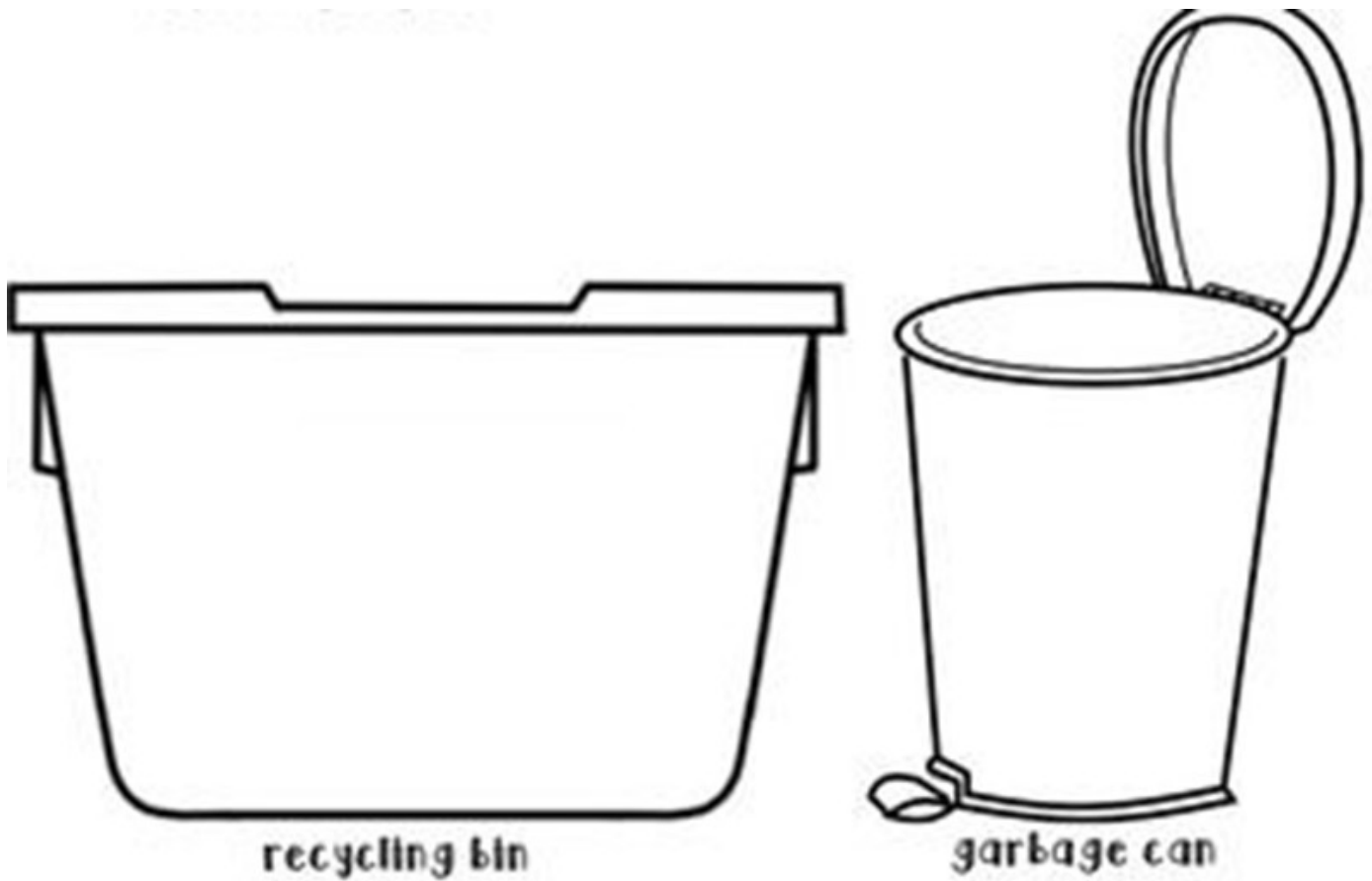
PER SELECTION 8.00

EATON MESS
WITH VANILLA ICE CREAM
ORGANIC

BANANA SPLIT
WITH LOCAL BANANA AND LOTS OF SAUCE AND ICE CREAM

AGES TWELVE AND BELOW

TRASH CAN BE EITHER RECYCLED OR THROWN IN THE GARBAGE!
CAN YOU NAME OR DRAW ANY OF THESE ITEMS AND PLACE IN THE
CORRECT BIN???





YOUNG CHEFS MENU (SATURDAY)

STARTERS

PER SELECTION 8.00

GAZPACHO

CHILLED TOMATO AND CUCUMBER SOUP

ORGANIC | VEGETARIAN

ORGANIC GARDEN SALAD

WITH BALSAMIC VINEGAR AND OLIVE OIL

MAIN COURSES

PER SELECTION 12.00

FISH AND CHIPS

WITH TARTAR SAUCE

STRING PASTA

WITH TOMATO SAUCE

VEGETARIAN

VEGETABLE BURGER

WITH SWEET POTATO FRIES

DESSERTS

PER SELECTION 10.00

OATMEAL COOKIES

WITH VANILLA ICE CREAM

ORGANIC

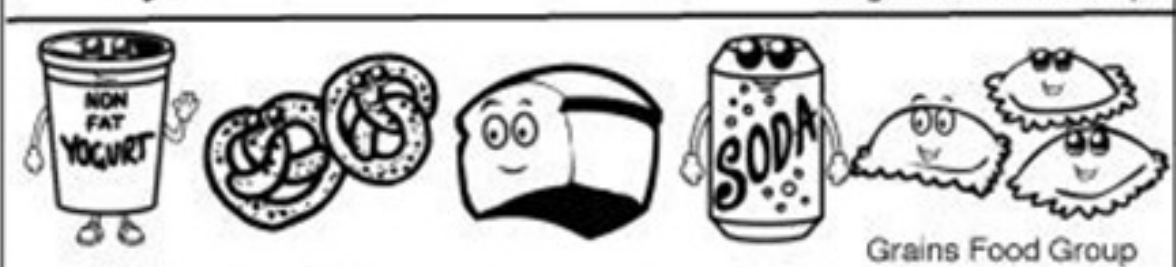
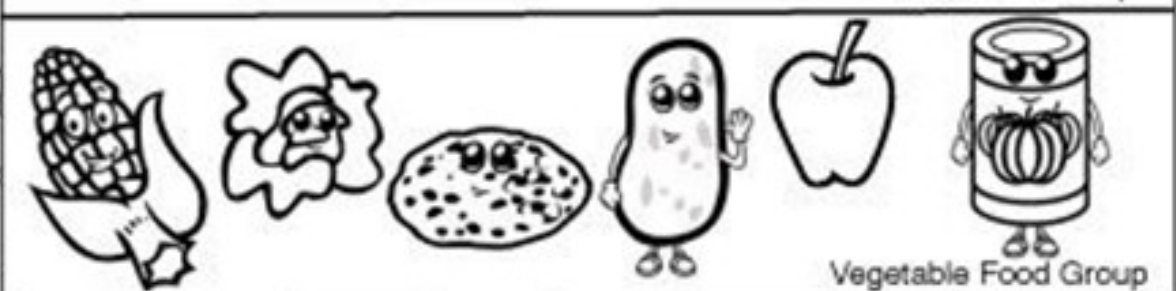
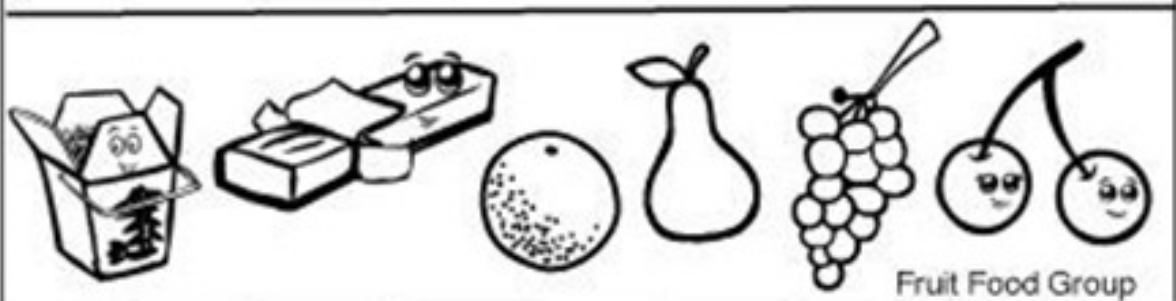
BANANA SPLIT

WITH LOCAL BANANA AND LOTS OF SAUCE AND ICE CREAM

AGES TWELVE AND BELOW

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CIRCLE THE PICTURES THAT BELONG IN THE FOOD GROUP, OPPS
SOME DON'T BELONG, CROSS THESE ONES OUT???





SIX SENSES

LAAMU

YOUNG CHEFS MENU (SUNDAY)

STARTERS

PER SELECTION 8.00

VIETNAMESE HAND ROLLS

WITH GUACAMOLE

ORGANIC | VEGETARIAN

ORGANIC CHICKEN SOUP

WITH CROUTONS

ORGANIC

MAIN COURSES

PER SELECTION 12.00

FISH FINGERS

WITH TARTAR SAUCE AND POTATO WEDGES

ORGANIC

CHEF'S PASTA

WITH GARDEN HERB BUTTER

VEGETARIAN

CHEDDAR CHEESE BURGER

WITH TOMATO, ONION AND FRENCH FRIES

DESSERTS

PER SELECTION 10.00

SORBET SELECTION

ICE CREAM SUNDAE

WITH LOCAL BANANA AND LOTS OF SAUCE AND ICE CREAM

AGES TWELVE AND BELOW

ALL PRICE ARE IN US DOLLARS AND ARE SUBJECT TO A 10 PERCENT SERVICE CHARGE AND 12 PERCENT GST

USING A PENCIL FOLLOW THE NUMBERS AND FILL IN THE DOTS.

