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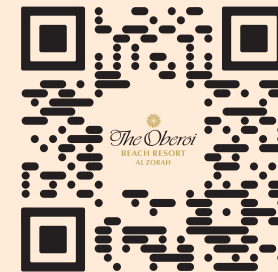
## ACTIVITIES AND EXPERIENCES

Please note that the schedule is subject to change.  
Activities that require prior booking are subject to a  
late cancellation fee.  
Please call our concierge to book and confirm your  
attendance on 4812.



The Oberoi Beach Resort, Al Zorah is thoughtfully designed as a world-class retreat where you can just relax and take time off. Sophisticated contemporary architecture, wide-open spaces and a soothing natural colour-palette harmonizing with panoramic ocean vistas and long white sand beaches.

Enjoy taking an early morning swim in the pool, having breakfast on our Vinesse sun terrace and relaxing at our award-winning spa. Take some precious time out for yourself by relishing a private beach-side dining experience and taking a moonlit stroll along the beach. Enjoy a tranquil kayak ride through the mangrove, play a game of golf on the nearby state-of-the-art golf course, and take part in water-sport activities at the beach. All of this, complemented by our sincere and intuitive attention to your every need.





## Spice Boutique

Unravel the blends, colors of spices and invigorate your senses with authentic Indian recipes crafted under the guidance of our Spice Master.

Discover amazing ways to skillfully use these spices that bring out the flavors of each dish.

This unique session provides you with an easy skill to use at home to surprise family and friends, cooked just the way you like it.

- Venue : Vinesse
- Schedule: 3:00 p.m. to 4:00 p.m.
- AED 200 per person
- Prior booking required



## Master Bartender

Become the master of your house party. Learn how to muddle, shake and stir classic cocktails under the expert guidance of our mixologists.

- Venue : Aquario
- Schedule: 4:00 p.m. to 5:00 p.m.
- AED 150 per person
- Prior booking required

## Art and Wine

Showcase your inner Van Gogh at our Art and Wine experience. A guided painting session paired with two glasses of house wine and canapés. Explore what could potentially become a new masterpiece of art history.

- Venue : Vinesse Olive Garden
- Schedule : Refer to monthly schedule
- AED 150 per person
- Prior booking required





## Dine under the stars

Enjoy a romantic dinner in a beautiful setting by the beach, overlooking the starlit sky and the sound of the waves lapping on the shore. Curate a menu to suit your special occasion and savor the unforgettable experience with fine cuisine and personalized service.

- Please contact restaurant reservation for more information
- Price: minimum spend of AED 1,200 per couple
- 24 hours prior booking required

## In-Villa Barbeque

Enjoy an intimate private barbecue within the comfort of your own villa setting. Expertly crafted selection of appetizers, seafood and meat grills cooked to perfection, and finished with mouthwatering sweet gourmandizes. All prepared by your private chef who will fire up the grill on your terrace offering you a unique experience.

- Choice of two set menus
- For minimum 2 to maximum 8 guests per villa
- Chef selection menu at AED 599 per person
- Signature selection menu at AED 999 per person
- 24 hours prior booking required





## Yoga

Yoga is an ancient practice that brings together mind and body. It incorporates breathing exercises, meditation and poses designed to encourage relaxation and reduce stress. Regular practice of yoga helps to release stiffness from our muscles and makes the body light, supple and flexible.

Available group Yoga classes: Stress Release Yoga, Pranayama Meditation, Yoga for beginners, Sunset Yoga, Detox Yoga and Pain Relief Yoga.

- Venue : Yoga Studio
- Refer to monthly schedule
- Private wellness class can be arranged at AED 210 per person per class
- Class duration is 45 minutes

## Circuit Training

Practice a heart-pumping, pulse racing, adrenaline-charged cardio workout led by our talented resident trainer in our fitness centre. The gym is open for 24 hours, 7 days a week. Our on-site facilities also include table tennis and croquet.

- Refer to monthly schedule
- Personal training class can be arranged at AED 210 per person per class
- Class duration is 45 minutes





## Honey Tasting

A unique opportunity to degust the World's best 8 origins of raw honey characterized by their flavors and textures.

- Venue : Vinesse
- Schedule: 4:00 p.m. to 5:00 p.m.
- AED 150 per person
- Prior booking required

## Signature Afternoon Tea

Enjoy sweet and savory miniatures curated by our artistic chefs, complimented with signature blends of teas.

- Venue : Vinesse
- Schedule: 3:30 p.m. to 5:30 p.m.
- AED 240





## Falconry

Observe Harris the Hawk, our trained bird of prey, hunting birds in their natural state and habitat.

- Venue : Lobby water feature
- Refer to monthly schedule
- To get a deeper insight into the life of a falcon, the national bird and pride of UAE, an exclusive falcon show can be organized at the beach at an additional charge and this experience requires a prior booking
- Please contact the Concierge team for more information

## Wellness Touch

Stress is today's top psychological concern and to our health. Relaxing self-massage with few drops of essential soothing oil is an easy and effective practice you can implement in your daily routine. Our experienced Spa trainer will guide you through self-massage techniques to ease tensed muscles and lift up your mood.

- Refer to monthly schedule
- Prior booking required







## Le Chocolatier

Enjoy a guided tasting session taking you through the art of chocolates with our Chocolatier.

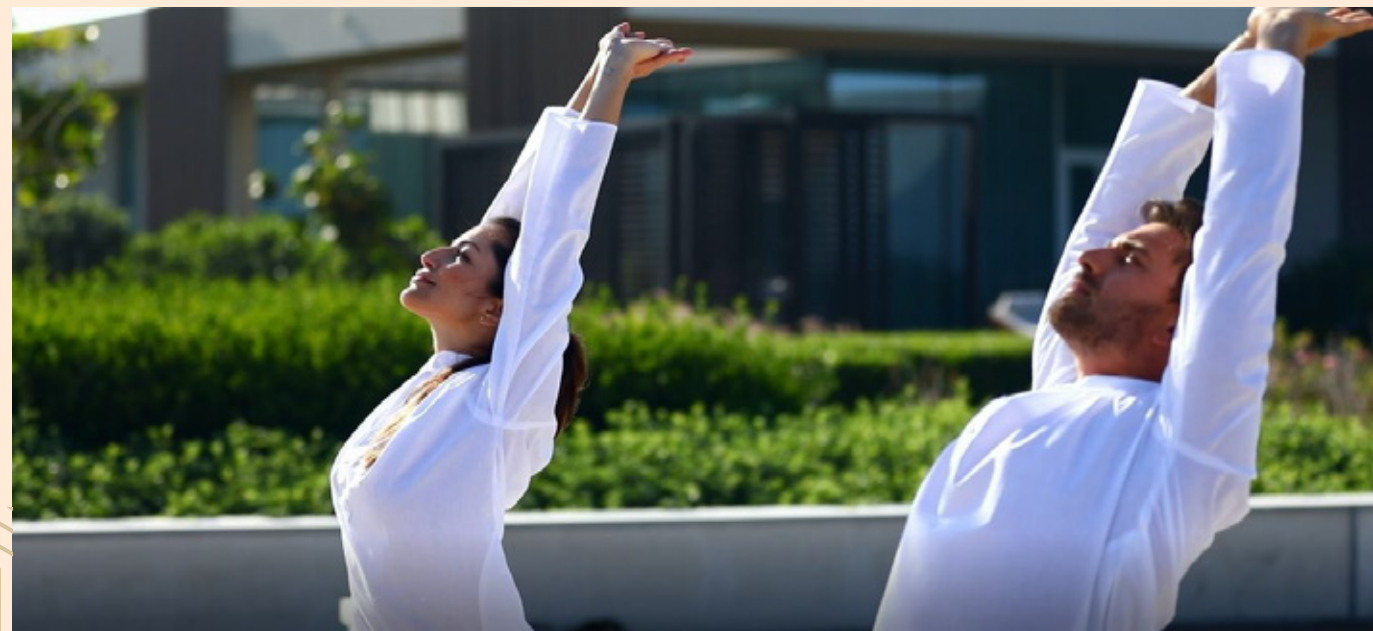
Experience a unique selection of the finest Swiss chocolates.

- Venue : Vinesse
- Schedule: 2:00 p.m. to 3:00 p.m.
- AED 200 per person
- Prior booking required

## Qi Gong

Qi Gong is a mind-body exercise form that uses meditation and breathing. This movement increases the energy and enables the body to heal itself.

- Venue : Yoga Studio
- Refer to monthly schedule





## Kids Club

Supervised Kid's Club offers a range of games and activities for children aged between 4 and 10 years. Kids can enjoy Wii, X Box, books, board games and guided arts and craft by an experienced Kids Club member. Let your kids enjoy the outdoor play area on a sandbox, and a toddler pool.

Little Chef's cooking classes are available.

- Refer to monthly schedule for kids program
- Little Chef's cooking class is AED 65 per child per class
- Prior booking required

## Private Fishing Trip

Feel the scent of the ocean with a morning boat trip in the open water of the Arabian Sea. Live an authentic experience: catch a fish while you are enjoying the cruise. Our chefs will be delighted to cook the fish for a scrumptious meal on your return upon request.

- Activity is organized by a third party company, subject to availability and weather conditions
- Duration : 4-5 hours
- Fish can be cooked by a resident chef at AED 75 per fish
- Please contact the Concierge for reservation





## Football with the Oberoi Team

Enjoy a friendly kick about with our in-house football team. Meet the familiar faces of our housekeepers, waiters, chefs, and managers on their home turf. Football with our team is as captivating and significant as with FIFA players.

- Refer to monthly schedule
- Prior booking required

## Retail Therapy at Dubai Mall

Dedicate your day for a relaxation and shopping at this iconic shopping mall comprising over 1,200 shops of the leading brands and top designers in the world. Reach the top of Dubai's landmark: Burj Khalifa or indulge the little ones with fun and learning at the Aquarium, Kidzania or Dubai Ice Rink.

We provide a complimentary shuttle to Dubai Mall from the resort.

- Venue : Resort Lobby/ Dubai Mall
- 10:00 a.m. drop off from the Resort and 4:00 p.m. pick up from the Dubai Mall
- Refer to monthly schedule for Shuttle bus
- Please contact Concierge to reserve a seat 24 hours in advance





## **Golf**

Expertly designed by Nicklaus Design and managed by Troon Golf, the exceptional playability, variety, and challenges offered by Al Zorah Golf Club makes it a dream golfing destination. The course is set in a stunning natural environment, with flowing sand dunes and an island mangrove forest whose water levels change with the tides. Whether you play the championship par-72 18 holes, or simply prefer to be a spectator, you will have access to restaurants that offer breathtaking sunset views.

- **Prior reservation required**
- **Cancellation policy is 48 hours in advance to avoid the fee**
- **Tee timings: 6:00 a.m. to 4:00 p.m.**
- **Green fee includes buggy rental, Callaway rental golf club sets and golf shoes**
- **Please contact the Concierge team for the availability and booking assistance**



## Kayaking

Take a tour of the mangroves from the water. Flanked by trees of up to ten meters in height, you will paddle through tranquil azure lagoons, past birds feeding, nesting and swimming in the waters. This unique ecosystem is home to almost sixty species of bird.

- Prior reservation required
- This is a group guided tour of 02 hours
- Price includes single or double kayaks and safety equipment
- Minimum age requirement is 4 years old. All children must be accompanied by an adult. Each set of 2 kids must be supervised by an adult for their safety
- Availability : Wednesday to Sunday
- This is an outdoor activity and you will be under the Sun. We recommend you wear sunscreen, suitable clothing, a hat, and sunglasses
- Please contact Concierge Team for the availability and reservation assistance



*The Oberoi*  
BEACH RESORT  
AL ZORAH

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## EXPERIENCES

### PRIVATE FISHING TRIP

Feel the scent of the ocean with a morning boat trip in the open water of the Arabian Sea and fish for a scrumptious meal.

This experience is subject to availability, please contact the concierge for further details.

Price upon request

Session Duration: 4-5 hours

### ART & WINE

Sip and paint as you showcase your inner Van Gogh. A guided painting session paired with two glasses of house wine and canapés.

**Venue:** Vinesse Olive Garden

**Schedule:** 4:00 p.m.

Tuesday

**Price:** AED 150 per person

\*Prior booking required

### DUBAI RETAIL THERAPY

Shop till you drop by availing our complimentary shuttle service provided to Dubai Mall twice a week.

**Venue:** Resort Lobby

**10:00 a.m. drop off from resort  
4:00 p.m. pick up from Dubai Mall**

Wednesday & Saturday

\*Prior booking required

### FALCONRY

Observe Nina the Hawk, our trained bird of prey, hunting birds in their natural habitat thrice a week.

**Venue:** Lobby Water Feature

**Schedule:** 9:00 a.m.

Monday, Wednesday & Sunday

### SUPER FOOD MASTERCLASS

Unlock the power of Superfoods. Embark on a delicious exploration into the world of superfoods.

**Venue:** Vinesse

**Schedule:** 4:00 p.m. to 5:00 p.m.

Thursday

**Price:** AED 150 per person

\*Prior booking required

### WELLNESS MENU

Enjoy a delectable three course wellness menu carefully curated for your wellbeing by our talented team of chefs.

**Venue:** Vinesse

**Available for dinner**

Daily

**Price:** AED 220 per person

\*Prior booking required

### WINE TASTING

Savour the rich tapestry of flavours from the world's renowned old and new wine regions guided by our wine experts.

**Venue:** Aquario

**Schedule:** 5:00 p.m. to 6:00 p.m.

Monday & Saturday

**Price:** AED 200 per person

\*Prior booking required

### LITTLE CHEF

Children can partake in a variety of exclusive culinary workshops such as cupcake crafting with an Oberoi Chef or carving fruits like a skilled ninja

**Venue:** Vinesse

**Schedule:** 3:15 p.m. to 4:00 p.m.

Thursday, Friday & Sunday

**Price:** AED 65 per child

\*Prior booking required

### FOOTBALL WITH THE OBEROI TEAM

Enjoy a friendly kick about with our in-house football team and go up against some familiar faces.

**Venue:** Al Zorah Football field

**Schedule:** 5:30 p.m. to 6:30 p.m.

Wednesday

\*Prior booking required

## WELLNESS

### SOUND HEALING

A session of soothing vibrations, releasing tension and stress, allowing you to tap into a world of spiritual serenity.

**Venue:** Yoga Studio

**Schedule:** 5:00 p.m.

Monday, Wednesday & Friday

Session duration: 45 minutes

\*Prior booking required

### MEDITATION

Achieve a profound sense of harmony as our wellness master transports you to a world of deep relaxation and inner peace.

**Venue:** Yoga Studio

**Schedule:** 5:00 p.m.

Tuesday

Session duration: 45 minutes

\*Prior booking required

### SUNRISE YOGA

Begin your day on a peaceful note with restorative sunrise yoga that will awaken your senses and revitalize your soul.

**Venue:** Yoga Studio

**Schedule:** 8:30 a.m.

Monday & Friday

Session duration: 45 minutes

\*Prior booking required

### CIRCUIT TRAINING

Practice a heart-pumping, pulse racing, adrenaline-charged cardio workout led by our talented resident trainer.

**Venue:** Yoga Studio

**Schedule:** 9:00 a.m.

Wednesday

Session duration: 45 minutes

\*Prior booking required

### WELLNESS TOUCH

Learn to heal yourself with massage techniques that detoxify and energise you. Allow our skilled masseuses to help you melt away your stress.

**Venue:** Yoga Studio

**Schedule:** 4:00 p.m.

Sunday

Session duration: 45 minutes

\*Prior booking required

### AQUA AEROBICS

Immerse yourself in a refreshing aquatic adventure and let this exhilarating exercise energise your body & mind.

**Venue:** Swimming Pool

**Schedule:** 11:00 a.m.

Sunday

Session duration: 30 minutes

\*Prior booking required

### SUNSET YOGA

Let nature's soothing sounds and our experienced Yogi guide you on a journey towards inner peace as the sun sets on the distant horizon.

**Venue:** Yoga Studio

**Schedule:** 5:30 p.m.

Thursday & Saturday

Session duration: 45 minutes

\*Prior booking required

### ZUMBA

A rhythmic workout that fuses high-energy beats with vibrant dance steps, move and groove to the beat while getting a full-body workout.

**Venue:** Yoga Studio

**Schedule:** 8:30 a.m.

Saturday

Session duration: 30 minutes

\*Prior booking required

### QI GONG

Qi Gong is a mind-body exercise form that uses meditation and breathing to harmonise the mind, body and soul leaving you feeling rejuvenated.

**Venue:** Yoga Studio

**Schedule:** 8:30 a.m.

Tuesday & Thursday

Session duration: 45 minutes

\*Prior booking required