



IN-HOUSE EXPERIENCES

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Morning Run with Fitness Coach (7.30 am – 8.30 am)	Body Stretching (9.30 am – 10 am)	Sunrise Yoga (8.30 am – 9.30 am)	Soft Gym (9 am – 9.45 am)	Morning Run with Fitness Coach (7.30 am – 8.30 am)	Sunrise Yoga (8.30 am – 9.30 am)	Circuit Training (10 am – 11 am)
	Cardio Boxing (10 am – 11 am)	Muscle Reinforcement Workout (10 am – 11 am)	Cross Training (10 am – 11 am)	Cardio Boxing (10 am – 11 am)	Nature Trail (12 pm – 1 pm)	
					Falconry (1pm – 2pm)	

24 hours advanced booking would be required for all scheduled activities with our Concierge.
All above activities are with our compliments. Private sessions can be arranged at an additional fee.

Morning Run with Fitness Coach - Join our coach for a morning run through the resort’s manicured jogging trails; through the olive groves, fruit orchards and gardens. Complete your workout with a stretching session and revitalizing fruit-infused mineral water.
Timings: 7.30 am – 8.30 am. Every Monday and Friday

Muscle Reinforcement Workout – Allow our resident Fitness expert to take you on a regimen of exercises designed to enhance the body's muscles to develop and promote general health and fitness.
Timing: 10 am – 11 am every Wednesday

Cross Training - Leave the machines behind and energize your body with some high intensity strength and conditioning training. A mix of aerobic and body weight exercises combined with weightlifting. Timings: 10.00 am – 11.00 am. every Thursday

Cardio Boxing - Realize your inner power with non-contact martial arts moves that focus on building stamina, endurance and flexibility. A challenging workout designed to burn calories and empower you throughout the day.
Timings: 10 am – 11 am. every Friday

Body Stretching - One of the best ways to de-stress and relax tension in the body. The more you wind down, the more your body is able to build energy. Stretching keeps your muscles healthy as well; it is a very effective way to reap the benefits of relaxing and strengthening your muscles.
Timings: 9:30am – 10am every Tuesday

Circuit Training - Circuit training is a high-octane outdoor workout where single exercises are done in rapid succession for between 30 seconds and 5 minutes each. Listen out for your instructor calling: “time” as you push your limits with this high intensity highly enjoyable training.
Timings: 10 am – 11 am. every Sunday



Sunrise Yoga - Rise with the dawn to improve your flexibility, strength and balance through an energizing series of asanas (postures). Guided by our yoga instructor, you'll find strength and serenity in equal measure at our yoga studio, with views across the water feature. Beginners and experts alike will find immense value in the steady guidance of the yoga instructor / Timings: 8.30 am to 9.30 am. every Wednesday and Saturday
Private Yoga classes are available at cost of MAD 900 per person per hour.

Nature Trail – Our resident horticulturist will share interesting facts about the flora and fauna on property in a leisurely walk through the resort's grounds.
Timings: 12 pm – 1 pm every Saturday

Falconry – Members of the Kwassem tribe, the inheritors of the tradition of Moroccan falconry will introduce you to the secrets of their art.
Timings: 1 pm – 2 pm every Saturday

Kids Cooking Class- For the little budding chefs to discover their passion for cooking with an interactive cooking session by our pastry chef.
Timings: Upon request (Lessons are with our compliments)

Pétanque Court – Bring out the competitive spirit between friends or family in a game of Pétanque, a French favorite comprising of metallic 'boules' on a pitch that are aimed at a target.
Timings: Available daily with our compliments for a two-hour session per day

Tennis Court- Whether you are a beginner or an ace, set foot on our clay court for a match or for a private lesson with a coach.
Timings: Available daily with our compliments for a two-hour session per day

Tennis classes with a coach are available at additional fee of 800 MAD per person per hour. Please contact the spa for further details.

Backgammon and Chess - Available for complimentary usage at the Vue bar and concierge desk

Bicycles - Available at complimentary rental for one hour per person per day.

Private BBQ- An exceptional personalized dining experience in the luxury of your own villa or suite. Your dedicated chef will cook you an exquisite selection of meats, fish and vegetables at a live grill. Complemented by a range of salads, appetizers and desserts and served with sincerity by your butler.

Minimum 2 guests

Price: 1,300 MAD per person inclusive of taxes

The Secret Garden Lunch – Make the most of a beautiful afternoon with a private 3 course Mediterranean lunch served by your very own butler in a rustic yet elegant setting in the midst of the olive groves of the resort.

Minimum 2 guests

Price: 1,200 MAD per person inclusive of taxes

Shuttle Service – The Oberoi, Marrakech offers a shuttle service on a daily basis with 10 seats van at the following times:

The Oberoi, Marrakech to Koutoubia Mosque in Medina at 10.30 am.

The Koutoubia Mosque in Medina to The Oberoi Marrakech at 5.30 pm.

The Oberoi, Marrakech to Koutoubia Mosque in Medina at 06.30 pm.

Due to limited seats, 24 hours advanced reservation would be required.