

REGENT EXPERIENCES



MONDAY

08.00 - 08.45  Mood Enhancing Yoga

14.00 - 14.45  Canang Making &
Temple Visit

16.00 - 16.45  Basic Boxing



TUESDAY

08.00 - 08.45  Sunrise Salutation

14.00 - 14.45  Balinese Lontar Engrave

16.00 - 16.45  Dynamic Exercise



WEDNESDAY

08.00 - 08.45  Soul Awakening Yoga

14.00 - 14.45  Natural Candle Making

16.00 - 16.45  Core Exercise



THURSDAY

08.00 - 08.45  Mood Enhancing Yoga

14.00 - 14.45  Canang Making &
Temple Visit

16.00 - 16.45  Agility Training

TO PARTAKE IN ANY OF OUR BESPOKE EXPERIENCES, SIMPLY DIAL "0" ON YOUR IN-ROOM TELEPHONE TO ENSURE A PLACE IS RESERVED FOR YOU.

 **Wellness Activity**
All ages
Meeting point at Sunset Deck

 **Wellness Activity**
Min. 16 years old
Meeting point at Health Club

 **Adult Activity**
Min. 16 years old
Meeting point at The Lounge

REGENT EXPERIENCES



FRIDAY

- 08.00 - 08.45  Sunrise Salutation
14.00 - 14.45  Natural Candle Making
16.00 - 16.45  Basic Boxing



SATURDAY

- 08.00 - 08.45  Soul Awakening Yoga
14.00 - 14.45  Canang Making &
Temple Visit
16.00 - 16.45  Dynamic Exercise



SUNDAY

- 08.00 - 08.45  Mood Enhancing Yoga
14.00 - 14.45  Balinese Lontar Engrave
16.00 - 16.45  Agility Training

TO PARTAKE IN ANY OF OUR BESPOKE EXPERIENCES, SIMPLY DIAL "0" ON YOUR IN-ROOM TELEPHONE TO ENSURE A PLACE IS RESERVED FOR YOU.

 **Wellness Activity**
All ages
Meeting point at Sunset Deck

 **Wellness Activity**
Min. 16 years old
Meeting point at Health Club

 **Adult Activity**
Min. 16 years old
Meeting point at The Lounge