



SIX SENSES SPA

KAPLANKAYA

FACIALS AND BODY TREATMENTS
ADD-IN ENHANCE YOUR
SPA EXPERIENCE



TREATMENTS

PRICE/EUR

FACIALS

Gua-Sha Face Lifting Massage	75
Anti-Aging Hand and Arm Treatment	75
Neck and Chest Anti-Aging Treatment	75
Steam and Deep Pore Cleansing	45

BODY TREATMENTS

CBD Massage Oil for Deep Relaxation	65
Organic Herbal Poultice	45
Revitalizing Foot Treatment	35
Hot Stones	30
Organic Coffee, Thyme and Rosemary Body Scrub	40
Gua-Sha Lifting Face Massage	75
Lymphatic Body Brush	25
Consultation with our integrative wellness expert	Complimentary

*20 percent government tax and 6 percent service charge are included.
Limited availability and prices vary if treatments are booked separately.*



SIX SENSES SPA
KAPLANKAYA

WELLNESS AND SPA MENU PRICELIST



WELLNESS SCREENINGS AND ASSESSMENTS

DURATION/MINUTES

PRICE/EUR

Wellness Screening

45

120

This non-invasive analysis measures your key biomarkers and helps our experts understand what your body really needs. It's simple, it's quick and the readings along with a discussion about your lifestyle are used in design of a treatment or a bespoke multi-day program specific to your needs.

Body Composition Test

30

120

BOD POD is an accurate system of measurement used by professional sports organizations worldwide to determine body composition. After a five-minute test, an exercise physiologist reviews and explains the results and recommends a personalized program.

Please wear a swimsuit or tight-fitting athletic wear.

Baseline Fitness Assessment

60

160

Our personal trainers assess your current fitness level and design a workout plan to help you achieve your goals.

Cellgym

45

120

Package of 3 sessions

340

Package of 5 sessions

540

Package of 10 sessions

1,000

Normatec Acupressure Boots

30

70

Prices are quoted in Euro (EUR), inclusive of 20 percent government taxes and 6 percent service charge.

WELLNESS PROGRAMS

LONGEVITY PROGRAM

	3 NIGHTS	5 NIGHTS	7 NIGHTS
Wellness Screening	1	1	1
Baseline Fitness Assessment	1	1	1
Private Activity: <i>Fitness Training, Pilates or Yoga</i> (60 mins)	2	3	4
Guided Morning Walk	1	2	3
Yoga Nidra/Meditation	1	1	2
Cellgym (45 mins)	2	3	4
Longevity Breathwork: <i>Pranayama</i> (60 mins)	1	2	3
Nourishing Cocoon Floatation (90 mins)	1	2	3
Dream Catcher (90 mins)	-	1	2
Traditional Turkish Hammam, or Moroccan Hammam (60 mins)	1	1	1
Watsu (60 mins)	1	1	1
Skin analysis with Skin Instant Lab	1	1	1
Sleep Tracking	✓	✓	✓
Full Board Wellness Cuisine	✓	✓	✓
Price per person	EUR 2,370	EUR 3,530	EUR 5,015
Price per couple	EUR 4,640	EUR 6,895	EUR 9,365

Price excludes accommodation.

Prices are quoted in Euro (EUR), inclusive of 20 percent government taxes and 6 percent service charge.





WELLNESS PROGRAMS

DETOX

	3 NIGHTS	5 NIGHTS	7 NIGHTS
Wellness Screening	1	1	1
Baseline Fitness Assessment	1	1	1
Private Activity: <i>Fitness Training, Pilates or Yoga</i> (60 mins)	2	3	5
Morning Walk	2	3	4
Private Activity: <i>Meditation or Pranayama</i> (60 mins)	1	2	2
Detox Massage (90 mins)	1	3	4
Traditional Turkish Hammam or Moroccan hammam Treatment (60 mins)	1	1	1
Yogic Intestinal Cleanse (60 mins)	1	1	1
Watsu (60 mins)	1	1	1
Detoxifying Algae Treatment (90 mins)	1	1	1
Cellgym	1	2	3
Full Board Wellness Cuisine	✓	✓	✓
Price per person	EUR 2,120	EUR 3,140	EUR 3,920
Price per couple	EUR 4,050	EUR 6,050	EUR 7,575

Price excludes accommodation.

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WELLNESS PROGRAMS

FITNESS

	5 NIGHTS	7 NIGHTS	14 NIGHTS
Wellness Screening	1	1	1
Baseline Fitness Assessment	1	1	1
Private Activity: <i>Fitness Training, Pilates or Yoga</i> (60 mins)	4	6	13
Coastal Walk (30 mins)	3	4	7
ChromoZen Steam Therapy (90 mins)	1	1	2
Movement Restoration (90 mins)	2	3	3
Tradational Turkish Hammam or Moroccan Hammam (60 mins)	1	1	1
Cell Gym	3	4	8
Full Board Wellness Cuisine	✓	✓	✓
Price per person	EUR 2,250	EUR 3,220	EUR 5,650
Price per couple	EUR 4,280	EUR 6,150	EUR 10,850

Price excludes accommodation.

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WELLNESS PROGRAMS

WEIGHT MANAGEMENT

	5 NIGHTS	7 NIGHTS	14 NIGHTS
Wellness Screening	1	1	1
Baseline Fitness Assessment	1	1	1
Private Activity: <i>Fitness Training, Pilates or Yoga</i> (60 mins)	6	8	19
Private Activity: <i>Meditation or Pranayama</i> (60 mins)	1	2	3
Yogic Intestinal Cleanse (60 mins)	1	1	2
Detoxifying Algae Treatment (90 mins)	2	2	3
Tradational Turkish Hammam or Moroccan Hammam (60 mins)	1	1	2
Detox Massage (90 mins)	2	3	5
Cell Gym	2	4	8
Full Board Wellness Cuisine	✓	✓	✓
Price per person	EUR 3,060	EUR 4,020	EUR 7,520
Price per couple	EUR 5,890	EUR 7,760	EUR 14,540

Price excludes accommodation.

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WELLNESS PROGRAMS

DISCOVER YOGA

	3 NIGHTS	5 NIGHTS	7 NIGHTS
Yoga-Lifestyle Consultation	1	1	1
Cell Gym	1	2	3
Personalized Yoga (60 mins)	2	4	6
Pranayama (60 mins)	1	2	3
Yoga Nidra (60 mins)	1	2	3
Tradational Turkish Hammam or Moroccan Hammam (60 mins)	1	1	1
Dream Catcher Massage (90 mins)	1	1	2
Watsu (60 mins)	-	1	1
Ayurvedic Experience (90 mins)	1	1	1
Kundalini Balancing Treatment (90 mins)	1	1	2
Price per person	EUR 1,955	EUR 2,515	EUR 3,280
Price per couple	EUR 2,730	EUR 4,800	EUR 6,290

Price excludes accommodation.

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WELLNESS PROGRAMS

SLEEP

	3 NIGHTS	5 NIGHTS	7 NIGHTS
Wellness Screening	1	1	1
Personalized Consultation	1	1	1
Private Activity: <i>Fitness Training, Yoga or Pilates</i> (60 mins)	1	2	3
Private Activity: <i>Meditation or Pranayama</i> (60 mins)	2	3	4
Nourishing Cocoon Floatation and Massage (90 mins)	1	2	2
Tradational Turkish Hammam or Moroccan Hammam (60 mins)	1	1	1
Watsu (60 mins)	1	1	1
Dream Catcher Massage (90 mins)	1	1	2
Cell Gym	1	2	3
Sleep Tracking	✓	✓	✓
Price per person	EUR 1,905	EUR 2,730	EUR 3,535
Price per couple	EUR 3,645	EUR 5,240	EUR 6,790

Price excludes accommodation.

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TREATMENTS

DURATION/MINUTES

PRICE/EUR

MASSAGES

Six Senses Signature Massages:

<i>Deep Tissue/Detox</i>	60/90	220/280
<i>Holistic</i>	60/90	210/260
<i>Movement Restoration Massage</i>	90	260
<i>Tension Soother/Head Massage/Relaxed Feet</i>	30/60	130/210
<i>Pregnancy Massage</i>	90	260
Kundalini Balancing Treatment	90	275
Manipura Body Treatment	90	275
Dream Catcher	90	275
Thai Massage	90	260

BODY TREATMENTS AND RITUALS

Soin Lift Corps	60	245
Detoxifying Algae Treatment	90	320
Rasul Couples Journey	90	485
Nourishing Cocoon Floatation and Massage	90	295
Detoxifying Sea Salt Hydrotherapy	90	290
Herbal Quartz Poultice Journey	90	290
Chromozen Steam Therapy	90	295
The Alchemist's Body Scrub	60	120

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TREATMENTS

DURATION/MINUTES

PRICE/EUR

FACIALS

Skin Instant© Lab	30	110
Personalized Facial	75	310
Soin Restructurant Et Lissant	60	285
Soin Lift C.V.S	60	285
Soin MC110	60	285
Second Skin	60	455
Triple Lift Facial	120	550

Add on to any facial:

Masque It Up	30	120
Lift It Up with Remodeling Face	30	120
Wrinkle Down with Micro Puncture	30	120
Strengthen Your Hair and Scalp	30	120

WELLNESS THERAPIES

Traditional Turkish Hammam	60	190
Moroccan Hammam Experience	60	210
Yogic Intestinal Cleanse	60	210
Watsu	60/90	290/390
Sound Journey into Space	60	210

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TREATMENTS	DURATION/MINUTES	PRICE/EUR
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AYURVEDA

Abhyanga	60	350
Shirodhara	60	350
Ayurvedic Experience	90	495

FITNESS AND WELLNESS ACTIVITIES

Personal Training	60	135
Pilates	60	135
Traditional Yoga	60	135
Meditation	60	135
Yoga Nidra	60	135
Pranayama	60	135



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