

OBEROI SPA



The Oberoi Spa at The Oberoi, Marrakech is an oasis of peace that spans 21,530 square feet (2,000 square metres) and sits within twenty-eight acres of fruit orchards and ancient olive groves.

The spa has five treatment rooms and two traditional Moroccan hammams. The spa building is dotted with traditional Moroccan motifs, deconstructed and reinvented with a modern touch. Characteristic colours of the fabled “Ochre City” are captured in bold, geometric patterns, and Berber tribal designs are juxtaposed against expanses of flawless white marble.

The Oberoi Spa is located on a private island on a waterbody and is built around a maze garden. The entire space draws natural light from the garden centrepiece, as well as being filled with soft natural light that flows in through floor-to-ceiling windows that overlook the surrounding waterbody.

The location of the spa is highly symbolic. Islamic culture esteems water as a means of spiritual cleansing; a medium for self-reflection, contemplation and purification. Thus, as guests cross the lake to The Oberoi Spa, they are in essence leaving the outside world behind and being encouraged to turn their focus inwards as they embark upon a unique journey to wellbeing.

This personalised journey is composed of luxurious holistic experiences that will enable guests to not only relax and recharge, but also make positive lifestyle changes that will help them rediscover inner peace and harmony. These include various therapies and wellness programmes customised to individuals' specific needs, Moroccan hammam, herbal therapies and rituals derived from age old wisdom and traditions. All performed by skilled therapists in luxurious private therapy suites.

The Oberoi signature hammam is a place of relaxation and purification that combines the virtues of warmth, steam and natural beauty products. The fragrant steam embalms the senses, perspiration detoxifies the body, the enveloping heat unknots muscles and a gentle feeling of relaxation ensues. The local Moroccan herbs, oils and clays that are used, are carefully chosen according to the individual's specific needs. From black soap with essential oils, to a scrub with a Moroccan kessa glove, and wraps with ghassoul and rose water. Hammam rituals are an excellent therapy for holistic regeneration.



Inspired from the ancestral cultures, our selection of tailor-made products & treatments by ‘MAISON D’ASA’ are designed as a unique sensorial journey, where the Orient encounters with other regions of the world. A getaway to unwind and discover Moroccan heritage, where each ritual highlights the treasures of the local terroir and its centuries-old beauty rituals. This product palette is enriched with natural, organic and noble ingredients that will provide you with an unforgettable experience at The Oberoi Spa.

Oberoi signature therapies are one of a kind experiences that evoke physical, energetic and emotional sensation. They use Indian herbs and oils, and feature ancient Indian traditions such as kasa bowl massage and dhara. Kasa bowls originate from Ayurvedic practice. These small, round bowls are made from an alloy of five metals that have therapeutic virtues. The potency of the natural products, essential oils and the bowl combine to ease anger and anxiety, combat insomnia, relieve stress and improve circulation.

The Oberoi signature dhara is a gentle stream released on to the forehead to activate the third eye and ease deep-seated tensions. Warm water is poured in a continuous stream over the forehead or 'ajna marma', an area where nerves are highly concentrated. The flow of the water onto the forehead creates a vibration and soothing warmth that allow the body, mind and nervous system to enter into a deep state of rest, similar to meditation. The therapy directly and immediately calms, relaxes and has a cleansing effect on the mind and nerves.

Short duration getaways, couples' spa retreats, week-long escapes and digital detox programmes aimed at restoring wellbeing are also available. These programmes include complimentary daily use of the spa facilities, one 60 minute spa therapy of choice per day and invigorating hammam.

