



SIX SENSES SPA

KANUHURA

WELLNESS AND SPA MENU  
PRICELIST





## WELLNESS PROGRAMS

## PRICE/USD

Wellness Screening (60 mins)

125

## YOGA

### 3 NIGHTS

### 5 NIGHTS

### 7 NIGHTS

Wellness Screening and Yoga Consultation

1

1

1

Personalized Yoga (60 mins)

2

3

4

Yoga Nidra/Breathwork/Meditation (60 mins)

1

2

3

Yogic Cleanse (90 mins)

-

1

1

Signature Massage (60 mins)

2

2

3

Signature Massage (90 mins)

-

1

1

24k Gold Age Defying Facial (60 mins)

-

-

1

Program wrap-up

1

1

1

**Price per person**

**USD 740**

**USD 1,250**

**USD 1,806**

**Price per couple**

**USD 1,160**

**USD 1,968**

**USD 2,869**

*Prices are subject to an additional 10 percent Service Charge and 16 percent GST.*

## WELLNESS PROGRAMS

### SLEEP

|   | 3 NIGHTS         | 5 NIGHTS         | 7 NIGHTS         |
|---|------------------|------------------|------------------|
| Wellness Screening                                      | 1                | 1                | 1                |
| Yoga Nidra/Breathwork/Meditation (60 mins)              | 1                | 2                | 2                |
| Personalized Yoga (60 mins)                             | 1                | 2                | 3                |
| Signature Massage (60 mins)                             | 1                | 2                | 3                |
| Head Massage (60 mins)                                  | 1                | 1                | 1                |
| Relaxed Feet (60 mins)                                  | 1                | 1                | 1                |
| Maldivian Honey, Papaya and<br>Coconut Cocoon (90 mins) | -                | -                | 1                |
| Sound Journey (60 mins)                                 | -                | 1                | 1                |
| Pulsed Electromagnetic Field Therapy (30 mins)          | 1                | 2                | 3                |
| Sleep Tracking each night                               | 3                | 5                | 7                |
| Program wrap-up   | 1                | 1                | 1                |
| <b>Price per person</b>                                 | <b>USD 859</b>   | <b>USD 1,432</b> | <b>USD 2,091</b> |
| <b>Price per couple</b>                                 | <b>USD 1,505</b> | <b>USD 2,440</b> | <b>USD 3,545</b> |



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## WELLNESS PROGRAMS

### DETOX

|                                    | 3 NIGHTS         | 5 NIGHTS         | 7 NIGHTS         |
|------------------------------------|------------------|------------------|------------------|
| Wellness Screening (60 mins)       | 1                | 1                | 1                |
| Fitness Training or Yoga (60 mins) | 1                | 2                | 3                |
| Breathwork/Meditation (60 mins)    | 1                | 2                | 2                |
| Detox Body Buff (60 mins)          | 1                | 1                | 1                |
| Detox Massage (60 mins)            | 1                | 2                | 3                |
| Detox Body Wrap (75 mins)          | -                | 1                | 1                |
| Yogic Intestinal Cleanse (60 mins) | -                | 1                | 1                |
| Energy Boosting Bundle (30 mins)   | 2                | 3                | 4                |
| Program wrap-up                    | 1                | 1                | 1                |
| <b>Price per person</b>            | <b>USD 714</b>   | <b>USD 1,424</b> | <b>USD 1,730</b> |
| <b>Price per couple</b>            | <b>USD 1,216</b> | <b>USD 2,423</b> | <b>USD 2,928</b> |

### FITNESS

|  | 3 NIGHTS         | 5 NIGHTS         | 7 NIGHTS         |
|--|------------------|------------------|------------------|
| Wellness Screening (60 mins)                     | 1                | 1                | 1                |
| Fitness Consultation (60 mins)                   | 1                | 1                | 1                |
| Personal Training (60 mins)                      | 2                | 3                | 5                |
| Signature Massage (60 mins)                      | 1                | 2                | 2                |
| Hot & Cold Stone Therapy (90 mins)               | 1                | 1                | 2                |
| Fast Recovery With Compression Therapy (30 mins) | 2                | 3                | 5                |
| Signature Massage (90 mins)                      | -                | 1                | 1                |
| Program wrap-up                                  | 1                | 1                | 1                |
| <b>Price per person</b>                          | <b>USD 748</b>   | <b>USD 1,054</b> | <b>USD 1,539</b> |
| <b>Price per couple</b>                          | <b>USD 1,284</b> | <b>USD 1,789</b> | <b>USD 2,546</b> |

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## TREATMENTS

## DURATION/MINUTES

## PRICE/USD

### LOCALLY INSPIRED SIGNATURE TREATMENTS

|  |         |                |
|--|---------|----------------|
| Maldivian Honey, Papaya and Coconut Cocoon | 90      | 250            |
| Island Escape                              | 3 hours | 900 per couple |
| The Alchemy Bar Workshop                   | 45      | 50             |

### BIOHACK RECOVERY LOUNGE

|  |           |    |
|--|-----------|----|
| Pulsed Electromagnetic Field Therapy   | 30        | 50 |
| Fast Recovery with Compression Therapy | 30        | 50 |
| Ease Tension with Venom Back Wrap      | 15        | 30 |
| Red Light Face Mask                    | 15        | 30 |
| Hypervolt Percussion Massage Gun       | 15        | 30 |
| Sleep Tracking                         | per night | 50 |
| Energy Boosting Bundle                 | 30        | 90 |
| Traveler's Bundle                      | 30        | 70 |

### MASSAGES

#### **Six Senses Signature Massages:**

|  |       |         |
|--|-------|---------|
| <i>Deep Tissue/Detox</i>                         | 60/90 | 185/220 |
| <i>Holistic</i>                                  | 60/90 | 160/195 |
| <i>Pregnancy Massage</i>                         | 90    | 195     |
| <i>Tension Soother/Head Massage/Relaxed Feet</i> | 30/60 | 100/155 |
| Hot & Cold Stone Therapy                         | 90    | 220     |



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## TREATMENTS

## DURATION/MINUTES

## PRICE/USD

### FACIALS

|                                      |       |         |
|--------------------------------------|-------|---------|
| 24k Gold Age Defying Facial          | 60/90 | 220/250 |
| Advanced Holistic Biotech Facial     | 60/90 | 260/290 |
| Soothe & Enrich Antioxidant Facial   | 60/90 | 160/185 |
| Wild Kashmir Facial                  | 30/60 | 100/160 |
| Enhance Your Facial - <i>add-ons</i> |       |         |
| Pomegranate Enzyme Booster           |       | 100     |
| Vegan Collagen Booster               |       | 100     |

### BODY TREATMENTS

|                  |    |     |
|------------------|----|-----|
| Detox Body Buff  | 60 | 180 |
| Detox Body Wrap  | 75 | 220 |
| After Sun Remedy | 45 | 120 |

### RECONNECTION

|                          |       |         |
|--------------------------|-------|---------|
| Sound Journey            | 60/90 | 150/200 |
| Breathwork/Meditation    | 60    | 125     |
| Yogic Intestinal Cleanse | 60    | 130     |

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## TREATMENTS

## DURATION/MINUTES

## PRICE/USD

### FITNESS

|                   |    |     |
|-------------------|----|-----|
| Personal Training | 60 | 125 |
| Aerial Yoga       | 60 | 125 |
| Yoga              | 60 | 125 |
| Vyper Go Roll     |    | 30  |

### BEAUTY

|          |           |            |
|----------|-----------|------------|
| Manicure | 30/60/75  | 65/100/120 |
| Pedicure | 30 /75/90 | 85/130/150 |
| Waxing   | From 15   | From 25    |



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