


IN VILLA DINING

Breakfast A La Carte

Menu available from 7:00 am to 11:00 am

OMANI IFTAR Full Arabic breakfast: Saj bread, fowl madames, shakshuka, cucumber, tomato, olives, zaatar manakish, SLEEP SF	16
YOGURT Choice of natural, organic, Greek SLEEP FITNESS DETOX GF SF V	8
FRUITY YOGURT Choice of natural, organic, Greek with seasonal Fruits SLEEP FITNESS DETOX GF V	11
CEREALS Corn flakes Bran flakes Homemade granola with seeds and nuts	7
Dairy milks: low-fat, lactose free, full fat Non-dairy milks: almond, soy, rice, oat	
BAKER'S BASKET Today's Chef's selections of homemade pastries, breads, butter, jams SLEEP V CN	14
SEASONAL FRUIT PLATTER Fresh seasonal sliced fruits SLEEP FITNESS DETOX GF DF SF V VG	14
MORNING FRENCH TOAST Choice of plain, banana or blueberries Choice of berry compote, chocolate sauce or maple Syrup SLEEP FITNESS	12
TWO EGGS YOUR WAY Choice of whole or white, fried, scrambled, boiled, omelette or poached Choice of fillings: mushroom, pepper, spinach, herbs, onion, tomatoes, cheese, or all in! SLEEP FITNESS DETOX GF SF	11
SIDES Hash brown potato Grilled tomato Chicken or beef sausage Bacon of choice Smoked salmon	
VEGAN OMELETTE Japanese tofu, Soy Milk, Maldon sea salt, Choice of fillings: mushroom, pepper, spinach, herbs, onion, tomatoes, cheese, or all in! FITNESS DETOX DF SF V VG	10

DF =dairy-free | GF = gluten-free | SF = sugar-free| V- vegetarian | VG = vegan | CN = contains nuts | CA = contains alcohol

Please do let us know if you have any special dietary requirements or allergies.

All prices are in Omani Rials and subject to 8.4 percent service charge, 4% tourism tax, 5% municipality fee, and 5% VAT.

In Villa Dining Menu

Menu available from 11:00 am to 11:00 pm

Soups

- BEEF PHO** 14
Clear beef soup with rice noodles, bean sprouts.
SLEEP | FITNESS | DETOX | DF | SF
- CARROT & PUMPKIN SOUP** 12
Roasted carrot & pumpkin, leeks, celery, onion, garlic.
SLEEP | FITNESS | DETOX | GF | V

Starters

- VIETNAMESE ROLL** 8
Rice paper spring roll, pickled mushrooms, mint, cilantro, green onion
SLEEP | FITNESS | DETOX | DF | V | VG | CN
- SEA'S POPCORN** 16
Mixed Oman Sea catch, creamy Jalapeno, garlic confit, labneh dip
SLEEP | FITNESS | SF
- MEXICAN NACHOS** 8
Nachos, guacamole, pico de gallo, sour cream
SLEEP | FITNESS | GF | V | SF

Salads



- THAI BEEF** 14
Thai spiced fillet steak, coriander, mint, onion, mango, cucumber
SLEEP | FITNESS | GF | SF
- GREEN AND HEALTHY** 11
Farm greens, cucumber, Granny smith apple, pumpkin seeds, citrus dressing
SLEEP | FITNESS | DETOX | GF | DF | V | VG
- ZIGHY FARM GOAT CHEESE** 12
Vegetables, garden greens, baguette, goat cheese, Omani honey almond dressing
SLEEP | FITNESS | DETOX | SF | V | CN
- CAESAR SALAD** 11
Gem lettuce, Caesar dressing, anchovies, poached egg, beef bacon
SLEEP | FITNESS | DETOX
- ADD SOME PROTEIN?** 8
100gm - Chilled cooked, chicken | shrimps | salmon | tuna
- LOCAL ARABIC COLD MEZZE** 11
Fattoush, labneh, muhamarra, hummus, pita bread, kuboos bread, pickles
SLEEP | FITNESS | DETOX | SF | VG | CN

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Buns & Breads

Served with choice of roasted potato or sweet potato wedges


ZIGHY BURGER	12
Knife cut grass-fed beef, caramelized onions, aged Gouda, house pickles, paprika SLEEP FITNESS	
FALAFEL POCKET	10
Pita, chickpea falafel, labneh tahini, mint, cucumber, lettuce, tomato, coriander, spring onion SLEEP FITNESS DETOX SF V	
ZIGHY CLUB SANDWICH	10
Chicken, egg, beef bacon, lettuce, tomato, mayonnaise, cheese SLEEP FITNESS	
CHICKEN SHAWARMA	11
Marinated Julienne chicken, Arabic pickle, tomato, lettuce, garlic sauce, Arabic bread. SLEEP FITNESS	

Our Pastas

Your choice of Penne, spaghetti, fusilli

PASTA BOLOGNESE	15
Ground beef, tomato, onion, garlic, parmesan cheese. SLEEP FITNESS	
SEAFOOD AGLI O OLIO	15
Fresh Dibba sea catch, garlic, EVO SLEEP FITNESS DETOX	
BURST CHERRY TOMATO PASTA	12
Cherry tomato, basil, garlic FITNESS SF VG	

Around Asia

PAD THAI	18
Rice noodles, beansprouts, baby corn, and spring onion. Hen's egg, chili Choice of vegetables, chicken or shrimp or TAKE ALL SLEEP FITNESS DF CN	
NASI GORENG	19
Fried rice, beef, chicken, shrimp, fried egg, satays, prawn crackers, peanut sauce, spicy pickled vegetable SLEEP FITNESS DF CN	
 BIRYANI CHICKEN	17
Basmati rice, chicken, sides of poppadum, vegetable raita, pickles, salan and chutney SLEEP SF CN	
BIRYANI VEGETABLE	17
Basmati rice, seasonal vegetable, sides of poppadum, vegetable raita, pickles, salan and chutney SLEEP SF CN	
MURG MAKHANWALA	17
Chicken, tomato and cashew gravy, poppadum, vegetable raita, pickles, chutney FITNESS GF CN	

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Fire to Plate

GRASS FED 220GM STRIP LOIN	35
Broccoli in EVOO, sweet potato mash, Café de Paris butter SLEEP FITNESS GF SF	
LAMB CHOPS	39
Lamb chops with Provençal vegetable, red wine jus. SLEEP FITNESS GF DF CA	
SHISH TAWOOK	18
Arabic marinated chicken skewers, grilled onion, tomato, potato wedges, garlic sauce. SLEEP FITNESS	
PRAWNS AL AJILLO	19
Local king prawns, cherry tomato, chili, parsley, Italian basil, garlic. SLEEP FITNESS	

Dibba's Own Seafood Market

LOBSTER FRITES	26
Omani lobster tail, triple cooked potatoes, maître d'hôtel butter, tartare sauce SLEEP FITNESS	
DAY BOAT FISH	19
Freshly caught local fish, grilled vegetable, lemon butter sauce. SLEEP FITNESS	

Sides

8

ROASTED WEDGES, REGULAR OR SWEET POTATOES
FARM GREENS SALAD, MUSTARD DRESSING
BASMATI RICE
STEAMED VEGETABLES WITH GARDEN HERBS
MASHED POTATO
FRENCH FRIES

Sweet Senses

CHEESE CAKE	8
Fresh berries, raspberry paste, almond crust, berry sauce SLEEP CN	
UMM ALI	8
Flaky pastry, rose water, sweet milk, roasted nuts SLEEP CN	
BROWNIE	8
Fudgy brownie, Caramel Jivara ganache, caramelized walnut SLEEP CN	
DATE CHOUX	7
Date Cream, hazelnut crèmeux and chocolate Crème Anglaise SLEEP CN	
FRUIT PLATTER	14
Seasonal fruit platter SLEEP FITNESS V SF DF GF	
ICE-CREAM & SORBET SELECTION	4 PER SCOOP
Please ask our host for the selections of the day	

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Kids Only!

Menu available from 11:00 am to 11:00 pm

Junior Explores

GRILLED CHICKEN TENDERS	10
Sweet potato or potato wedges SLEEP FITNESS GF SF	
GRILLED TENDERLOIN	14
Steamed farmed vegetables, roasted potato wedges SLEEP FITNESS GF SF	
FRIED RICE	6
With vegetables and egg SLEEP FITNESS DETOX DF SF	
CHEESY PASTA	6
Your choice of spaghetti or penne, add chicken or prawns SLEEP FITNESS SF	
KIDS PASTA BOLOGNESE	8
Beef cooked with tomato onion garlic & parmesan cheese. Choice of pasta penne, spaghetti or fusilli. SLEEP FITNESS SF	
MINI MARGHERITA PIZZA	6
With garden basil, mozzarella and Zighy tomato sauce SLEEP FITNESS SF V	
MINI BEEF SLIDER	6
With cheese and fries SLEEP FITNESS SF	
CHICKEN NUGGETS	8
Breaded chicken breast, BBQ sauce & French fries. SLEEP FITNESS SF DF	

Ask Mommy First

COOKIE SANDWICH	3
Bretton cookies, bourbon vanilla or chocolate ice-cream SLEEP FITNESS	
CHURROS	2
Cinnamon sugared churros serve with spiced chocolate or dulce de leche SLEEP FITNESS	
FRUITOPIAS	10
Mixed fruit salad SLEEP FITNESS DF GF SF	
ICE-CREAM & SORBET SELECTION	4 PER SCOOP
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Sleepless Night Menu

Menu available from 11:00 pm to 7:00 am

Soup

- BEEF PHO** 14
Clear beef soup with rice noodles, bean sprouts.
SLEEP | FITNESS | DETOX | DF | SF

Starters

- SEA'S POPCORN** 16
Mixed Oman Sea catch, creamy Jalapeno, garlic confit, labneh dip
SLEEP | FITNESS | SF
- GREEN AND HEALTHY** 11
Farmed greens, cucumber, Granny Smith apple, pumpkin seeds, citrus dressing
SLEEP | FITNESS | DETOX | GF | DF | V | VG
- ADD SOME PROTEIN?** 8
100gr - Chilled cooked, chicken | shrimps
- LOCAL ARABIC COLD MEZZE** 11
Fattoush, labneh, muhamarra, hummus, pita bread, kuboos bread, pickles
SLEEP | FITNESS | DETOX | SF | VG | CN

Buns & Breads

Served with choice of roasted potato or sweet potato wedges

- ZIGHY BURGER** 12
Knife cut grass-fed beef, caramelized onions, aged Gouda, house pickles, paprika dressing and condiments
SLEEP | FITNESS
- FALAFEL POCKET** 10
Pita, chickpea falafel, labneh tahini, mint, cucumber, lettuce, tomato, coriander, spring onion
SLEEP | FITNESS | DETOX | SF | VG

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Our Grains

PAD THAI	18
Rice noodles, beansprouts, baby corn, and spring onion. Hen's egg, chili Choice of vegetable, chicken, shrimp or TAKE ALL SLEEP FITNESS DF	
NASI GORENG	19
Fried rice, beef, chicken, shrimp, fried egg, satays, prawn crackers, peanut sauce, spicy pickled vegetable SLEEP FITNESS DF CN	
MURG MAKHANWALA	17
Chicken, tomato & cashew gravy, poppadum, vegetable raita, pickles, chutney, salan, ghee FITNESS GF CN	
BURST CHERRY TOMATO PASTA	12
Choice of pasta, cherry tomato, basil, garlic FITNESS SF VG	

Sides

ROASTED WEDGES, SWEET OR REGULAR POTATO BASMATI RICE STEAMED VEGETABLES, GARDEN HERBS	8
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Sweet Senses

UMM ALI	8
Pastry pudding, nuts, golden sultanas CN	
FRUIT PLATTER	14
Seasonal fruit platter SLEEP FITNESS DETOX	
ICE CREAM & SORBET SELECTION	2 PER SCOOP
Please ask our host the selections of the day	