



WELLNESS. INTENTION. EXPERIENCE.

## MASSAGE THERAPIES

RESTORE THE BODY. REFOCUS THE MIND.

### SWEDISH RELAXATION MASSAGE

50 MIN – €120

A SOOTHING, FULL-BODY MASSAGE DESIGNED TO PROMOTE DEEP RELAXATION AND IMPROVE CIRCULATION THROUGH LONG, FLOWING MOVEMENTS.

### BALINESE DEEP CALM

50 MIN – €140

COMBINING TRADITIONAL BALINESE TECHNIQUES WITH AROMATHERAPY OILS TO RELEASE MUSCULAR TENSION AND ENHANCE ENERGY FLOW.

### DEEP TISSUE RECOVERY

50 MIN – €140

TARGETS DEEPER LAYERS OF MUSCLE AND FASCIA TO RELIEVE CHRONIC TENSION, KNOTS, AND STIFFNESS.

### AROMATHERAPY MASSAGE

50 MIN – €120

PERSONALIZED ESSENTIAL OIL BLENDS ARE USED IN A CALMING MASSAGE THAT SUPPORTS EMOTIONAL AND PHYSICAL BALANCE.

### WARM OIL BODY MELT

50 MIN – €200

HEATED NATURAL OILS COMBINED WITH SLOW, ENVELOPING STROKES FOR DEEP MUSCLE RELAXATION AND NERVOUS SYSTEM RESET.

### MEDICAL MASSAGE

50 MIN – €160

A FOCUSED THERAPEUTIC TREATMENT FOR GUESTS WITH SPECIFIC PHYSICAL DISCOMFORT OR MUSCULOSKELETAL ISSUES.

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### REA SIGNATURE FOUR HANDS MASSAGE

50 MIN – €200

TWO THERAPISTS WORK IN PERFECT SYNCHRONY TO DELIVER A HARMONIZED, IMMERSIVE MASSAGE EXPERIENCE.

### SPORT MASSAGE

50 MIN – €250

IDEAL FOR PRE- OR POST-ACTIVITY RECOVERY, FOCUSING ON MOBILITY, MUSCLE PERFORMANCE, AND FATIGUE RELEASE.

### CELLULITE TARGET MASSAGE

50 MIN – €180

FIRM, RHYTHMICAL TECHNIQUES HELP STIMULATE LYMPHATIC DRAINAGE AND IMPROVE SKIN TONE.

### SHIATSU PRESSURE THERAPY

50 MIN – €250

A JAPANESE DRY MASSAGE THAT USES ACUPRESSURE POINTS TO BALANCE ENERGY AND RELEASE BLOCKAGES — NO OIL USED.

### LOMI LOMI FLOW

50 MIN – €200

A HAWAIIAN TECHNIQUE USING LONG FOREARM STROKES TO CREATE WAVE-LIKE SENSATIONS ACROSS THE BODY, BOTH GROUNDING AND FREEING

## FOCUSED TREATMENTS

SHORTER SESSIONS. LASTING RELIEF.

### FOOT REFLEXOLOGY

30 MIN – €100

STIMULATES REFLEX POINTS ON THE FEET TO IMPROVE INTERNAL ORGAN FUNCTION AND OVERALL ENERGY FLOW.

### FACIAL MASSAGE

30 MIN – €100

RELEASES FACIAL TENSION, PROMOTES LYMPHATIC DRAINAGE, AND ENHANCES SKIN TONE AND CLARITY.

### HAND MASSAGE

30 MIN – €100

A RESTORATIVE TREATMENT THAT SOOTHES OVERUSED HANDS AND WRISTS WHILE IMPROVING CIRCULATION.

### HEAD & NECK TENSION RELIEF

50 MIN – €250

FOCUSED MASSAGE ON THE SCALP, NECK, AND SHOULDERS TO RELIEVE STRESS-RELATED HEADACHES AND TECH NECK.

## THERAPIES & TARGETED PROGRAMS

FUNCTION MEETS RELAXATION.

### REGENERATION THERAPY

50 MIN – €100

A SUPPORTIVE THERAPY TO AID RECOVERY, IMPROVE CIRCULATION, AND REFRESH THE BODY POST-STRESS OR TRAVEL.

### MANUAL THERAPY

50 MIN – €150

A STRUCTURED THERAPEUTIC TECHNIQUE TARGETING POSTURE, ALIGNMENT, AND DEEP TISSUE CONCERNS.

### TEEN WELLNESS PRIVILEGE

50 MIN – 25% DISCOUNT ON ALL THERAPIES

REA SPA WELCOMES YOUNGER GUESTS WITH TAILORED CARE. ALL TREATMENTS ARE ADAPTED FOR AGE-APPROPRIATE COMFORT AND SENSITIVITY. PARENTAL CONSENT IS REQUIRED.

## SPA GUIDELINES & GUEST CARE SPA OPENING HOURS

SPA TREATMENTS ARE AVAILABLE DAILY FROM 10:00 TO 21:00.  
SERVICES OUTSIDE STANDARD HOURS CAN BE ACCOMMODATED WITH PRIOR NOTICE.